



# Pulse sequences as tissue property filters (TP-filters): a way of understanding the signal, contrast and weighting of magnetic resonance images

Ian R. Young<sup>1\*</sup>, Nikolaus M. Szeverenyi<sup>2</sup>, Jiang Du<sup>2</sup>, Graeme M. Bydder<sup>2</sup>

<sup>1</sup>Formerly Department of Electrical Engineering, Imperial College of Science, Technology, and Medicine, London, UK; <sup>2</sup>Department of Radiology, University of California San Diego, San Diego, USA

*Correspondence to:* Graeme M. Bydder. Department of Radiology, University of California San Diego, 200 West Arbor Drive, San Diego, CA 92103-8226, USA. Email: gbydder@health.ucsd.edu.

**Abstract:** This paper describes a quantitative approach to understanding the signal, contrast and weighting of magnetic resonance (MR) images. It uses the concept of pulse sequences as tissue property (TP) filters and models the signal, contrast and weighting of sequences using either a single TP-filter (univariate model) or several TP-filters (the multivariate model). For the spin echo (SE) sequence using the Bloch equations, voxel signal intensity is plotted against the logarithm of the value of the TPs contributing to the sequence signal to produce three TP-filters, an exponential  $\rho_m$ -filter, a low pass  $T_1$ -filter and a high pass  $T_2$ -filter. Using the univariate model which considers signal changes in only one of  $\rho_m$ ,  $T_1$ , or  $T_2$  at a time, the first partial derivative of signal with respect to the natural logarithm of  $\rho_m$ ,  $T_1$  or  $T_2$  is the sequence weighting for each filter (for small changes in each TP). Absolute contrast is then the sequence weighting multiplied by the fractional change in TP for each filter. For large changes in TPs, the same approach is followed, but using the mean slope of the filter as the sequence weighting. These approaches can also be used for fractional contrast. The univariate TP-filter model provides a mathematical framework for converting conventional qualitative univariate weighting as used in everyday clinical practice into quantitative univariate weighting. Using the multivariate model which considers several TP-filters together, the relative contributions of each TP to overall sequence and image weighting are expressed as sequence and imaging weighting ratios respectively. This is not possible with conventional qualitative weighting which is univariate. The same approaches are used for inversion recovery (IR), pulsed gradient SE, spoiled gradient echo (SGE), balanced steady state free precession, ultrashort echo time and other pulse sequences. Other TPs such as susceptibility, chemical shift and flow can be included with phase along the Y axis of the TP-filter. Contrast agent effects are also included. In the text TP-filters are distinguished from k-space filters, signal filters (S-filters) which are used in imaging processing as well as to describe windowing the signal width and level of images, and spatial filters. The TP-filters approach resolves many of the ambiguities and inconsistencies associated with conventional qualitative weighting and provides a variety of new insights into the signal, contrast and weighting of MR images which are not apparent using qualitative weighting. The TP-filter approach relates the preparation component of pulse sequences to voxel signal, and contrast between two voxels. This is complementary to k-space which relates the acquisition component of pulse sequences to the spatial properties of MR images and their global contrast.

**Keywords:** Magnetic resonance (MR) imaging; signal; phase; contrast; weighting; quantitation; pulse sequences; tissue properties (TPs); filters

Submitted Feb 16, 2020. Accepted for publication Mar 23, 2020.

doi: 10.21037/qims.2020.04.07

View this article at: <http://dx.doi.org/10.21037/qims.2020.04.07>

\*, deceased 27 September, 2019.

## Introduction

The first published explanation of the contrast seen in human brain MR images was that described by Godfrey Hounsfield during his Nobel Prize Lecture on 8 December 1979. Godfrey was best known for his work on computed tomography (CT) (1-4) but the final figure in his lecture (*Figure 1A*) related the amplitude of the signal seen on a display of an MR inversion recovery (IR) image of the brain of one of the authors (IRY) (*Figure 1B*), to values of  $T_1$  of tissues and fluids including white and gray matter shown on the image (*Figure 1A*) (5). In this figure three functions are seen, one of which (the curve next to the numeral 2) shows the amplitude of the signal from white matter greater than that from gray matter, which is what is apparent on the image. It was Godfrey's method of understanding the signal and contrast of MR images and was published before a single brain patient had been studied with MR imaging. However, Godfrey did not describe the mathematical function or functions linking the signal and contrast seen on the image to  $T_1$  during his lecture, or in the patents and papers he subsequently filed or wrote on MR imaging.

An MR imaging pulse sequence can be thought of in two parts, firstly a preparation component which modifies tissue or fluid magnetization using radiofrequency (rf) pulses (e.g., 90°, 180°) as well as gradients, and secondly an acquisition portion concerned with detecting signal from transverse magnetization and localizing this in space using gradients either in conjunction with, or without additional rf pulses. This creates image voxels. The signal magnitude and phase of a voxel seen on an image are directly related to the transverse magnetization detected during acquisition. Contrast is the difference, or the fractional difference in signal or phase between two voxels. Contrast can be intrinsic when it is related to a single tissue (e.g., normal or abnormal), or extrinsic when it involves two different tissues or fluids.

The key ideas necessary for frequency and phase encoding in the acquisition portion of MR sequences have been incorporated into the concept of k-space which deals with spatial localization, and relates the data collection part of the pulse sequence to the resulting image via inverse Fourier Transformation (6-8). K-space has proved to be a concept of fundamental importance for understanding signal localization and image contrast as well as generating new ideas for research.

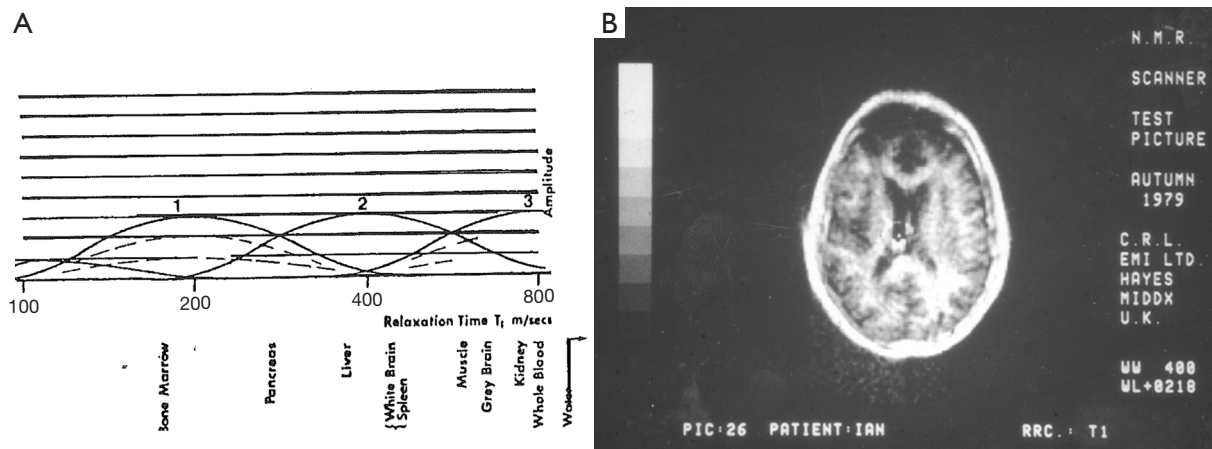
Understanding the preparation part of pulse sequences, as Godfrey sought to do in 1979, has been more complicated. By 1982, there were at least two types of MR image used in clinical practice (*Figure 2*), one employing the IR sequence

in which differences in  $T_1$  were the main source of contrast (as shown in *Figure 2B*), and the other using a spin echo (SE) sequence in which differences in  $T_2$  were the main source of contrast as shown in *Figure 2C* (9). The two types of images appeared very different. There was no comparable phenomenon in CT at this time; essentially all unenhanced CT images appeared the same. It was necessary to distinguish the two types of MR image, and during 1983 the concept of weighting was used to do this (10,11). Images were described qualitatively as  $T_1$ -weighted or  $T_2$ -weighted when changes or differences in  $T_1$  or  $T_2$  were (respectively) thought to be the main source of contrast seen on them. The terms  $T_1$  and  $T_2$ -weighted were also applied to the pulse sequences used to generate the images.

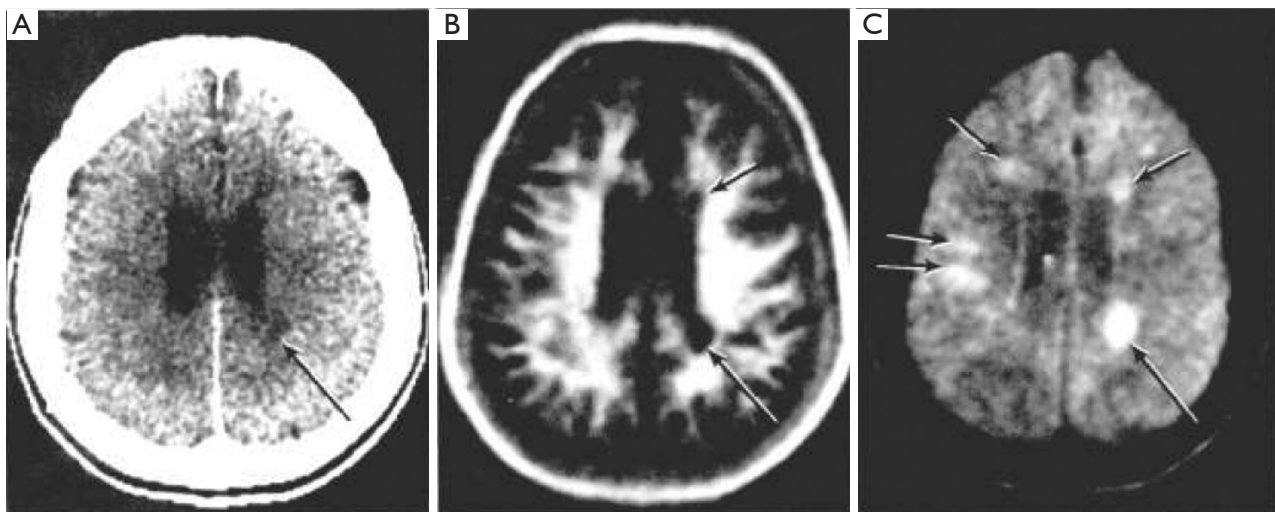
The terms  $T_1$  and  $T_2$ -weighted were not included in the first edition of the Glossary of NMR Terms published by the American College of Radiology (ACR) Subcommittee on Nomenclature and Phantom Development in 1983 as they had only just come into use at this time (12). The Glossary became the accepted standard for MR nomenclature at MR meetings and for articles in journals on the subject (13,14).

Three years later in 1986, the ACR Subcommittee decided not to list the terms  $T_1$ -weighting and  $T_2$ -weighting in the second edition of the Glossary (15) on the grounds that they were "ambiguous", "confusing", and "implied that the dominant source of contrast was  $T_1$  and  $T_2$  when often this was not true" (16). Following this, some journals did not publish papers that used the terms  $T_1$ -weighted and  $T_2$ -weighted in compliance with the intention of the Glossary (17,18). However, during this time other articles were published using the terms (19,20), and both  $T_1$  and  $T_2$ -weighting continued to be used in clinical practice since some method of relating the appearance of MR images to MR tissue (and fluid) properties such as  $T_1$  and  $T_2$  was necessary for image interpretation. This was because both the normal and pathologic appearances seen on MR images are understood in terms of the differences, or changes produced in these properties. The ACR subcommittee did not propose an alternative to the concept of weighting, or a refinement of it in order to resolve the problems associated with its use.

In spite of the reluctance to include them in 1986, the terms  $T_1$ -weighting and  $T_2$ -weighting were included in the third edition of the ACR Glossary published in 1991, and in subsequent editions published in 1995 and 2005 with the definitions unchanged from 1991 (21-23). These are shown in *Table 1* together with other definitions of  $T_1$  and  $T_2$ -weighting (24,25).



**Figure 1** Nobel Lecture Fig 19b (5) (A) and brain (B) obtained in Autumn 1979 at the CRL of EMI Ltd with subject “Ian”. Godfrey Hounsfield’s plot of signal Amplitude against log relaxation time  $T_1$  for tissues and fluids (A), and an IR image of Ian Young’s brain showing high signal in white matter and lower signal in gray matter. In (A) there are two continuous curves and two dashed curves. On the continuous curve close to the number 2, White Brain has a higher signal than Gray Brain which is how these tissues appear on the image (B). (Figure 1A is published by courtesy of the Nobel Foundation).



**Figure 2** Multiple Sclerosis, 1982. CT (A), IR image (B) and SE image (C). The IR image (B) shows high gray white matter contrast with low signal lesions (e.g., arrows), while the SE image (C) shows little or no gray white matter contrast and lesions with high signal (e.g., arrows). The appearances of images (B) and (C) are quite different. IR, inversion recovery; SE, spin echo.

However, the problems associated with use of the concept of weighting did not go away.

Some of these are illustrated in Figures 3-8:

- (i) Figure 3A shows a  $T_1$ -weighted image of the brain in which short  $T_1$  tissues, such as fat and white matter have a high signal, and long  $T_1$  CSF has a low signal in accordance with their  $T_1$  values.

When the same sequence is used to image the Achilles tendon in Figure 3B it is usually described as  $T_1$ -weighted, but the abnormal high signal in the tendon (arrow) is not due to a short  $T_1$  from the presence of fat, hemorrhage or gadolinium, but is due to an increase in the  $T_2$  of the tendon (e.g., from edema, tear or degeneration).

**Table 1** ACR and other definitions of  $T_1$  and  $T_2$ -weighting

American College of Radiology (23)

$T_1$ -weighted ( $T_1W$ ) Often used to indicate an image where most of the contrast between tissues or tissue states is due to differences in tissue  $T_1$ . This term may be misleading in that potentially important effects of tissue density difference and the range of tissue  $T_1$  values are ignored. A  $T_1$  contrast state is approached by imaging with a TR short compared to the longest tissue  $T_1$  or interest and TE is short compared to tissue  $T_2$  (to reduce  $T_2$  contributions to image contrast). Due to the wide range of  $T_1$  and  $T_2$  and tissue density values that can be found in the body, an image that is  $T_1$ -weighted for some tissues may not be so for others

$T_2$ -weighted ( $T_2W$ ) Often used to indicate an image where most of the contrast between tissues or tissue states is due to differences in tissue  $T_2$ . This term may be misleading in that the potentially important effects of tissue density differences and the range of tissue  $T_2$  values are often ignored. A  $T_2$  contrast state is approached by imaging with a TR long compared to tissue  $T_1$  (to reduce  $T_1$  contribution to image contrast) and a TE between the longest and shortest tissue  $T_2$ s of interest. A TR greater than 3 times the longest  $T_1$  is required for the  $T_1$  effect to be less than 5%. Due to the wide range of  $T_1$  and  $T_2$  and tissue density values that can be found in the body, an image that is  $T_2$ -weighted for some tissues may not be so for others

Rinck PA, Muller RN, de Francisco PA (24)

$T_1$ -weighted image—image whose contrast is mainly influenced by  $T_1$ , but which also has  $T_2$ , proton density and bulk flow contributions

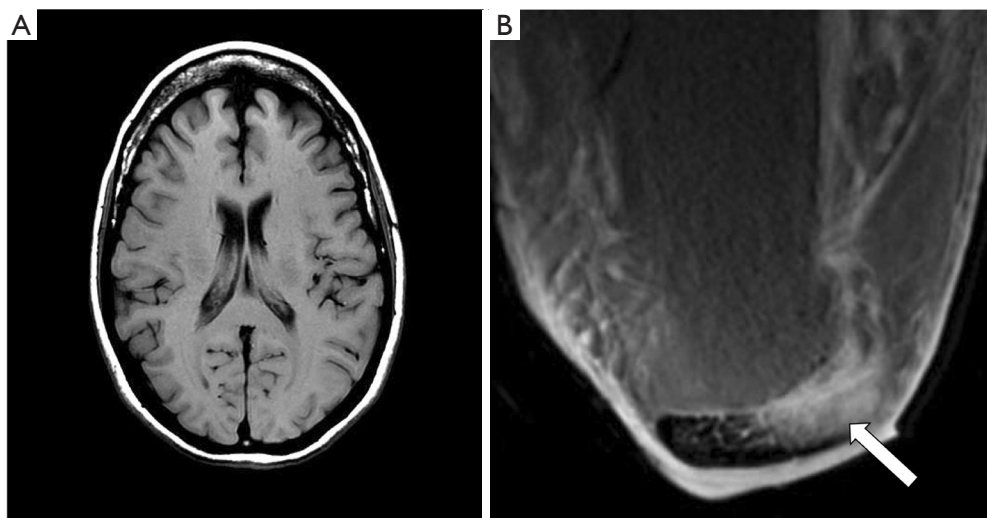
$T_2$ -weighted image—image whose contrast is mainly influenced by  $T_2$ , but which also has  $T_1$ , proton density and bulk flow contributions

Wehrli FW (25)

$T_1$ -Weighted: Type of MR image contrast in which the relative signal intensities follow the inverse order of  $T_1$

$T_2$ -Weighted: Type of MR image contrast in which the relative signal intensities follow the order of  $T_2$

ACR, American College of Radiology.

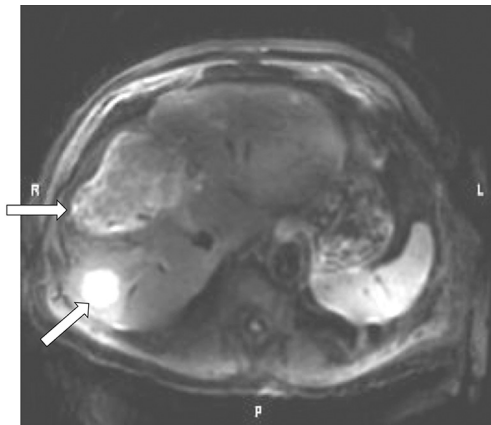


**Figure 3** Brain and Achilles tendon, both examined with the same  $T_1$ -weighted SE sequence. Transverse “ $T_1$ -weighted” SE images of the brain (A) and the Achilles tendon (B). The brain shows white matter with high signal, gray matter with intermediate signal and CSF with low signal in accordance with their  $T_1$ s and is  $T_1$ -weighted (A). In (B) the abnormal Achilles tendon is high signal (arrow). This is not because it has a short  $T_1$  (e.g., due to hemorrhage, fat or contrast enhancement with Gd-DTPA), but because it has an increase in  $T_2$  (e.g., due to edema or degeneration). For the Achilles tendon the sequence is  $T_2$ -weighted not  $T_1$ -weighted, and the high signal within it is due to an increase in  $T_2$  not a decrease in  $T_1$ . SE, spin echo.





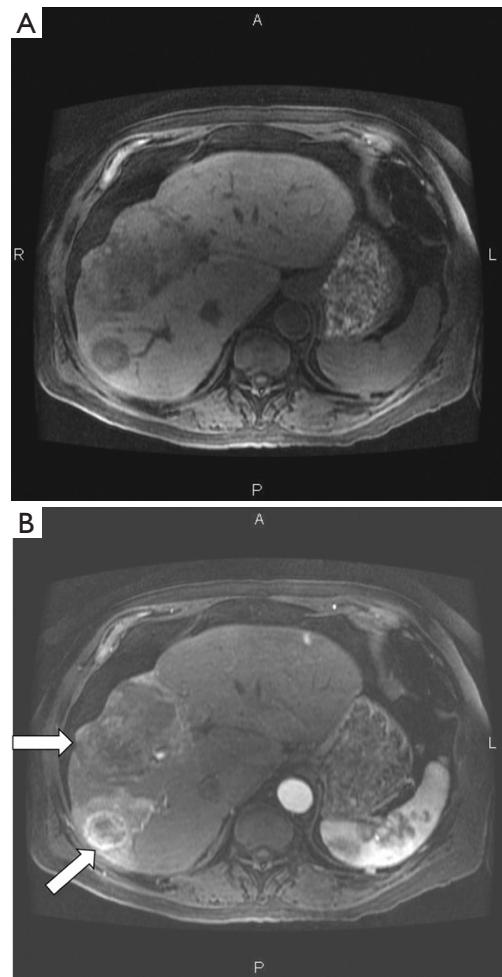
**Figure 4** T<sub>2</sub>-FLAIR image of the brain. The brain is heavily T<sub>2</sub>-weighted and shows some anterior and superior periventricular high signal (arrow), but the CSF is heavily T<sub>1</sub>-weighted.



**Figure 5** Transverse image of the liver showing high signal tumors (arrows) obtained with a conventional "diffusion weighted" sequence with  $b=300 \text{ s/mm}^2$ . The sequence is more T<sub>2</sub>-weighted than diffusion weighted.

These are very different explanations for the abnormality. The T<sub>1</sub>-weighted sequence for the brain is T<sub>2</sub>-weighted for the Achilles tendon, and the high signal within the tendon is due to an increase in T<sub>2</sub>, not a decrease in T<sub>1</sub>.

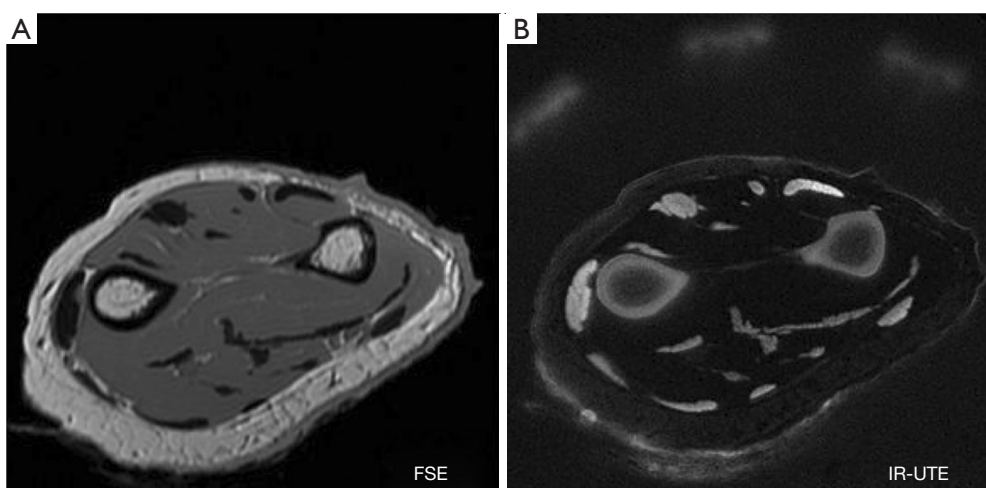
- (ii) The "T<sub>2</sub>-FLAIR" (FLuid Attenuated IR) image shown in *Figure 4* is highly T<sub>2</sub>-weighted for the brain but simultaneously highly T<sub>1</sub>-weighted for CSF. Thus, the principal source of contrast on the image varies depending on the tissue or fluid under



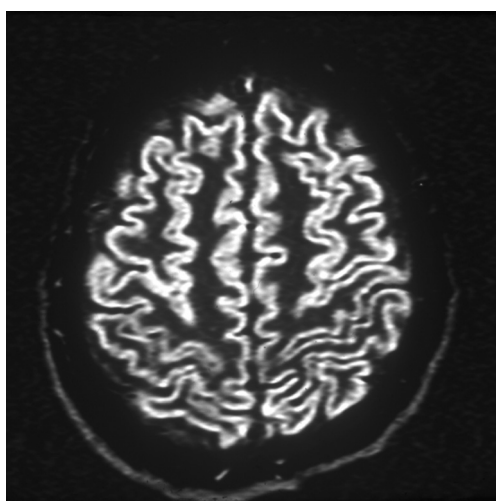
**Figure 6** SGE images of the liver before (A) and after (B) administration of intravenous Gd-DTPA. Contrast enhancement is seen in the tumors in (B) (arrows) using a low flip angle of 8°, not a high flip angle. SGE, spoiled gradient echo.

consideration. In addition, the high contrast of the T<sub>2</sub>-FLAIR image relative to T<sub>2</sub>-weighted SE images is achieved by doubling the TE of the T<sub>2</sub>-FLAIR sequence, not using a TE between those of the tissues of interest (normal and abnormal brain) as recommended by the ACR in *Table 1*.

- (iii) Although the image in *Figure 5* is described as "diffusion weighted" it is more T<sub>2</sub>-weighted than diffusion weighted.
- (iv) It is generally recommended that high flip angles should be used to maximize T<sub>1</sub> contrast with spoiled gradient echo (SGE) sequences, but a low flip angle of 8° has been used to show the contrast enhancement with Gd-DTPA due to T<sub>1</sub>



**Figure 7** Transverse FSE (A) and IR-ultrashort TE (IR-UTE) (B) images of the forearm. Cortical bone, aponeuroses and tendons are low signal in (A) and high signal in (B). The IR-UTE image (B) is highly  $T_2$ -weighted for cortical bone, tendons and aponeuroses in spite of its extremely short nominal TE of  $8 \mu\text{s}$ . FSE, fast spin echo.



**Figure 8** Double inversion recovery image of the brain showing gray matter alone with no signal from white matter or CSF. It is not clear whether it has more, or less  $T_1$ -weighting than a single IR image of the brain.

shortening seen in *Figure 6B*.

- (v) It is generally stated that decreasing TE reduces  $T_2$ -weighting (*Table 1*). However, the ultrashort TE (UTE) image shown in *Figure 7B* has an extremely short nominal TE of  $8 \mu\text{s}$  but is highly  $T_2$ -weighted. In addition, the signals from tissues shown on this image decrease with increasing  $T_2$ , contrary to the definition of  $T_2$ -weighting

included in *Table 1* (25).

- (vi) It is not clear whether the Double Inversion Recovery (DIR) image shown in *Figure 8* has twice the  $T_1$ -weighting of a conventional IR image, half of it, or differs in some other way.

These problems, and numerous others like them, add an extra dimension of difficulty to the physics used to explain clinical MRI which is already complex.

Although comprehensive descriptions of MR imaging are available in the MR physics literature, they do not include mathematical definitions of weighting and the term is not even included in the indexes of the two of them (26,27), even though weighting is the concept most widely used in clinical practice for MR image interpretation.

The lack of a specific definition and the numerous inconsistencies and ambiguities associated with the use of the term weighting has meant that the concept has never gained the wide currency which that of k-space has.

The general objective of this paper is shown in *Table 2*. This is to relate the MR properties of tissues and fluids shown in the left column to the signal and contrast of two or more voxels seen on an image shown in the right column, via a knowledge of the pulse sequences and their sequence parameters used to image the tissues and fluids which are shown in the central column.

The specific objectives are:

- (i) To describe mathematical functions which relate tissue properties (TPs) to the signal and contrast seen on MR images as originally envisaged by

**Table 2** Tissue and fluid properties, pulse sequences and sequence parameters, and image features

| Tissue and fluid properties            | Pulse sequences and sequence parameters                      | Image features  |
|--|--|---|
| $\rho_m$                               | Spin echo (TR, TE)   | S, signal   |
| $T_1$                                  | Inversion recovery (TR, TI, TE...)                           | $C_{ab}$ , absolute contrast, $\Delta S$  |
| $T_2$                                  |  | $C_{fr}$ , fractional contrast, $\frac{\Delta S}{S}$  |
| $D^*$ , apparent diffusion coefficient | Pulsed gradient spin echo (TR, TE, b...)                     | $\sigma$ = standard deviation of noise  |
| $\chi$ , susceptibility                | Spoiled gradient echo (TR, TE, $\alpha$ )                    | SNR, signal-to-noise ratio  |
| $\delta$ , chemical shift              |  | CNR, contrast-to-noise ratio $CNR = \frac{C_{ab}}{\sigma}, \frac{C_{fr}}{\sigma}$                       |
| $T_2/T_1$                              | Balanced steady state free precession (TR, TE, $\alpha$ ...) |   |
| Ultrashort $T_2$                       | Ultrashort TE (TR, TE, $\alpha$ )                            | $\theta$ , phase  |
| Flow                                   | PGSE (TR, TE, $\delta$ , $\Delta$ )                          | Phase to noise ratio ( $PNR = \frac{\theta}{\sigma}$ )  |
| Gadolinium concentration, c            | Other  | phase contrast $\Delta\theta$<br>phase contrast to noise ratio ( $PCNR = \frac{\Delta\theta}{\sigma}$ ) |

The tissue and fluid properties (left column) are linked to image signal or phase and contrast (right column) by pulse sequence TP-filters derived from pulse sequence equations (middle column).

Godfrey Hounsfield.

- (ii) To convert conventional qualitative weighting into quantitative forms of weighting.
- (iii) To use these approaches to explain problems that arise from the use of the qualitative approach to weighting.
- (iv) To provide a basis for relating the preparation component of pulse sequences to voxel signal and contrast seen on images that is complementary to the use of k-space to relate the signal acquisition of pulse sequences to the spatial properties of MR images and their global contrast.

### Tissue properties (TPs)

As an initial step it is helpful to review some features of the normal values of tissue and fluid properties (e.g.,  $\rho_m$ ,  $T_1$ ,  $T_2$ ,  $\frac{T_2}{T_1}$  and  $D^*$ ) that are frequently encountered in clinical practice (Figure 9). Normal values of some of these properties cover at least three orders of magnitude and so it is helpful to display them on a logarithmic scale as Godfrey Hounsfield did in Figure 1A. This compresses the range of values and lends itself to the use of fractional differences such as  $\frac{\Delta\rho_m}{\rho_m}$ ,  $\frac{\Delta T_1}{T_1}$  and  $\frac{\Delta T_2}{T_2}$  in the form of fractions or percentages to describe changes, since a small change on a

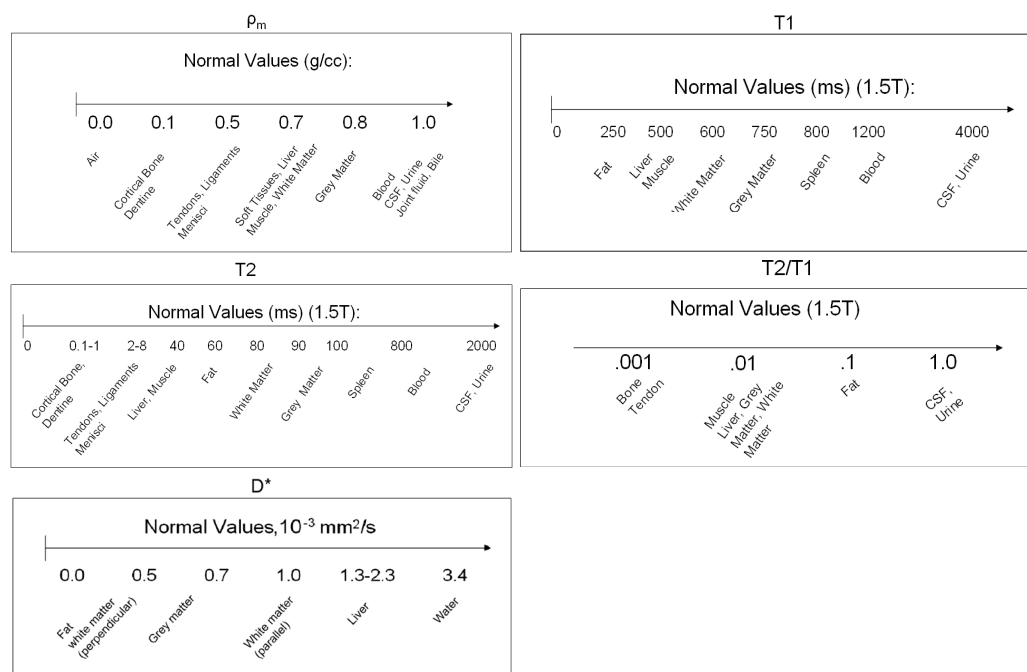
$$\text{logarithmic scale } \Delta \ln x = \frac{\Delta x}{x}.$$

### Mobile proton density ( $\rho_m$ )

$\rho_m$  means the density of protons (or spin density) with  $T_2$ s long enough to be detected with MR systems. In the past the lowest level of detectability for clinical systems corresponded to a  $T_2$  of about 10 ms. Now the minimum value of  $T_2$  is probably about 0.1 ms using ultrashort echo time (UTE) pulse sequences with (nominal) TEs as short as 8  $\mu$ s. The  $\rho_m$  of bone is about 15–20%, meniscus and cartilage about 50–70%, soft tissues about 70–90% and relatively pure fluids very close to 100%. The difference (about 10–20%) in  $\rho_m$  between gray and white matter is because white matter contains more immobile or bound (MR “invisible”) protons with ultrashort  $T_2$ s (0.1–1 ms) associated with myelin. The chemical proton densities (which includes all protons) of gray and white matter are similar.

### $T_1$

The pattern for mean  $T_1$ s generally follows that for  $\rho_m$  with the shortest mean  $T_1$ s those of cortical bone (130–200 ms at 1.5T), and the longest those of CSF and other fluids (about 4,000 ms). Fat has a short  $T_1$  (e.g., 250 ms at 1.5T). Contrast enhanced blood may have a  $T_1$  as short as



**Figure 9** Values of  $\rho_m$ ,  $T_1$ ,  $T_2$ ,  $T_2/T_1$  and  $D^*$ .

15–20 ms (28). Values of  $T_1$  tend to increase with static field strength ( $B_0$ ) approximately to the power of 0.3 or 0.4, while  $T_2$  values tend to decrease with increasing  $B_0$ , but to a lesser extent (29,30).

### $T_2$ and $T_2/T_1$

In general terms, the pattern of mean  $T_2$ s follows that for  $\rho_m$  and  $T_1$ , with  $T_2$  shortest for cortical bone (0.3–0.5 ms) (31), followed by tendons, ligaments and menisci (1–8 ms) (32), soft tissues, and fluids. Fat is an exception since it has a short  $T_1$  and a long  $T_2$ . Because of issues associated with measurement, widely varying values are quoted for the  $T_2$ s of fluids such as CSF extending from 2,000–3,000 ms down to about 200–300 ms. Values for  $T_2$  of some tissues and fluids and the ratio of  $\frac{T_2}{T_1}$  are shown for some common tissues in *Figure 9* (at 1.5T). For  $T_2/T_1$  there are four groups of tissues and fluids of interest, namely bone and tendon ( $\approx 0.001$ ), water containing soft tissues ( $\approx 0.01$ ), fat ( $\approx 0.1$ ) and fluids ( $\approx 1$ ).

### $D^*$ , the apparent diffusion coefficient

Mean values of  $D^*$  follow the same general pattern but with the important addition of anisotropy, with white matter having a higher  $D^*$  when its fibers are parallel to the gradient

field than when its fibers are perpendicular to this field.

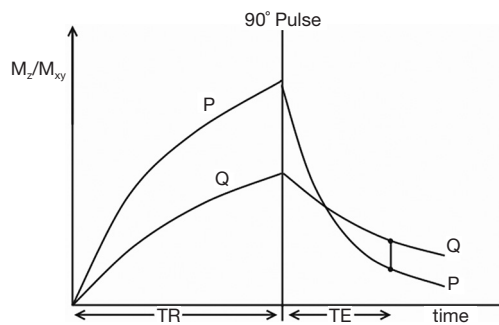
### Susceptibility ( $\chi$ )

Susceptibility can be divided into large scale (bulk) and microscopic, and applies to tissues, fluids and materials inside the body. The basic classification is by the change in field produced by the substance and is divided into diamagnetic (slight decrease), paramagnetic (slight increase), superparamagnetic (large increase), and ferromagnetic (large and persistent increase). On the large scale, susceptibilities range from titanium ( $1.8 \times 10^{-4}$ ), “nonmagnetic” stainless steel ( $10^{-1}$ ), magnetic stainless steel ( $10^3$ ), and pure iron ( $10^5$ ). Most soft tissues are in the much smaller microscopic range of  $-7$  to  $-11 \times 10^{-6}$ . Susceptibility is also dependent on geometric factors including the orientation of ordered fibers to the main magnetic field. Fibers may show a  $\sin^2\Theta$  dependence where  $\Theta$  is the orientation of the fibers to  $B_0$ . Modelling of voxels as individual dipoles produces more accurate differentiation between tissue susceptibility, geometric and dipolar effects.

### Chemical shift ( $\delta$ )

Triglyceride containing tissues of the body include





**Figure 10** Composite  $M_z/M_{xy}$  vs time diagram for the SE sequence for two tissues P and Q. This shows recovery of the longitudinal magnetization ( $M_z$ ) for time TR, followed by decay of the transverse magnetization ( $M_{xy}$ ) for time TE after the 90° pulse of the SE sequence. Signal is proportional to  $M_{xy}$  at time TE. The contrast between the two tissues is proportional to the difference between the two curves (vertical line) at time TE. SE, spin echo.

subcutaneous and visceral fat, yellow bone marrow, red bone marrow, liver, and muscle. The fat has multiple spectral peaks, each with different resonant frequencies (and thus  $\delta s$ ),  $T_{1s}$  and  $T_{2s}$ . The largest peak is from  $-CH_2$  and is usually located at  $-3.3$  ppm lower than water. In addition, metabolically active brown adipose tissue with about 30–70% triglyceride and 30–70% water may be detected mainly in the neck, mediastinum and upper abdomen.

Although TPs are usually thought of as inherent, and independent of measurement technique, frequently they are described in qualified terms e.g., mobile, observed, measured, or apparent (e.g.,  $\rho_m$ ,  $T_{1obs}$ ,  $T_{2}^*$ ,  $D^*$ ) where the value of the property is affected by additional factors [e.g., MR machine limitations, susceptibility, chemical shift differences, magnetization transfer (MT)], measurement errors and the use of simplified models.

In addition, quite frequently what is observed is populations of protons with different MR properties within a voxel. The observed signal from a voxel may reflect the complex sum of the signals from two or more tissue or fluid components including effects due to differences in resonant frequency (due to susceptibility and/or chemical shift) between different components.

Normal tissues are usually described as showing differences, while abnormal or acquired differences from normal are usually described as changes.

Further details on tissues are included in later sections. More detailed values of tissue properties are available in the MR imaging literature. There are also other tissue and

fluid properties of importance including shear stiffness, conductivity, and permittivity which are not dealt with here for reasons of space. The term “tissue” is subsequently used in this paper to include fluids unless otherwise specified.

### Changes in TPs in disease

Changes in TPs in disease are the subject of an extensive literature and are only briefly outlined here. The most common change in MR TPs in disease is an increase in  $\rho_m$ ,  $T_1$ ,  $T_2$  (and often  $D^*$ ) with the fractional change in the latter three properties usually being much greater than that in  $\rho_m$ . This is typically seen in acute infection, acute inflammation, edema, and many tumors. Reductions in these TPs are less commonly seen in disease but occur in important conditions, including some stages of hemorrhage ( $T_1$ ,  $T_2$ ), acute cerebral infarction ( $D^*$ ) and tumors ( $D^*$ ) [for example (33)]. A reduction in tissue  $T_1$ ,  $T_2$  and  $T_2^*$  may also be seen with accumulation of paramagnetic species such as iron.

Increased fat content is seen in liver disease either primarily or secondarily. Tissue magnetic susceptibility typically increases with increased iron content and accumulation of some hemoglobin breakdown products, and decreases with calcification. Other changes in TPs in disease are mentioned in later sections under relevant headings.

### The SE sequence (univariate, single TP-filter model)

#### The SE pulse sequence as three separate TP-filters

The SE sequence consists of an initial 90° pulse, followed by a 180° refocusing pulse and a data acquisition centered at time TE after the 90° pulse for conventional SE sequences, and at TE effective ( $TE_{eff}$ ) for fast SE sequences, with the cycle repeated after repetition time TR. It is common to explain contrast in this sequence in terms of tissue longitudinal magnetization followed by transverse magnetization on the Y axis both plotted against time on the X axis with longitudinal magnetization becoming transverse when the 90° pulse is applied (Figure 10). Contrast is represented at time TE by the difference in transverse magnetization along the Y axis, and hence signal difference between the two curves for tissues P and Q as shown in Figure 10. While this approach is useful for explaining signal and contrast, it is less helpful for understanding the weighting of the sequence and the resulting image.

**Table 3** Key definitions: TP-filters

Univariate (single TP-filter) model (for each filter segment or module)

X axis

1. TP = tissue property e.g.,  $\rho_m, T_1, T_2, D^*$
2.  $\Delta TP$  = difference or change in TP. Can be absolute  $\Delta TP$  (linear X axis) or fractional  $\Delta TP/TP$  (logarithmic, ln X axis)
3. Scale is linear or logarithmic

Y axis

4. S = signal overall,  $S_{TP}$  = signal for each TP-filter
5. C = contrast,  $C_{ab} = \Delta S$  (absolute contrast), or  $C_{fr} = \Delta S/S$  (fractional contrast)
6. Scale is linear or logarithmic

Filter, sequence parameters, sequence weighting

7.  $S_{TP}$  = signal; the filter equation comes from the signal equation
8. SP = Sequence Parameters, TR, TI, TE, b,  $\alpha$  ....
9.  $\frac{\partial S_{TP}}{\partial TP}$  (linear) = first derivative of  $S_{TP}$  with respect to TP =  $sW_{TP/SEQ/SP/lin}$  = sequence weighting = slope of filter
10.  $\frac{\partial S_{TP}}{\partial (\ln TP)}$  (logarithmic) = first derivative of  $S_{TP}$  with respect to  $\ln TP$  =  $sW_{TP/SEQ/SP/log}$  = sequence weighting = slope of filter

Image contrast and image weighting

11.  $C_{ab} = sW_{TP/SEQ/SP/lin} \times \Delta TP$  as % of full scale
12.  $C_{fr} = sW_{TP/SEQ/SP/log} \times \frac{\Delta T}{TP}$  as % of full scale
13.  $iW_{TP/SEQ/SP} =$  image weighting (for each TP-filter) = 100% i.e., all contrast comes from the same single TP
14.  $\Delta TP$  can be calculated from the contrast

Multivariate (multiple TP-filter) model (product of two or more filter segments or modules)

Signal and contrast

1. S = signal =  $S_{\rho_m} \times S_{T_1} \times S_{T_2} \dots$  i.e., product of signal from each TP-filter
2. C = contrast,  $C_{ab} = \Delta S, C_{fr} = \Delta S / S$
3.  $sW_{SEQ/SP/\dots} (\rho_m : T_1 : T_2) =$  e.g., (51 : -30 : 19) = sequence weighting ratio i.e., ratio of contributions from each TP to sequence weighting.
4.  $iW_{SEQ/SP/\dots} (\rho_m : T_1 : T_2) =$  e.g., (27 : -61 : 12) = image weighting ratio i.e., ratio of contributions from both sequence weighting and difference (or change) in TP to overall contrast for each TP.
5.  $\Delta TP$  can be calculated from  $C_{ab}$  and  $C_{fr}$

From the Bloch equations the simplified signal equation for SE or fast SE (FSE) sequences is given by:

$$S = K \rho_m \left( 1 - e^{-\frac{TR}{T_1}} \right) e^{-\frac{TE}{T_2}} \text{ or } S = K \rho_m \left( 1 - e^{-\frac{TR}{T_1}} \right) e^{-\frac{TE_{eff}}{T_2}} \quad [1]$$

where K is a scaling function and S is voxel signal (i.e., magnitude). The equation can be written:

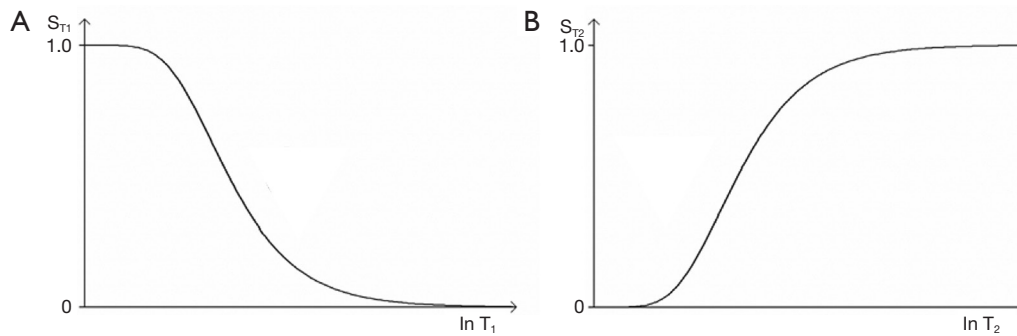
$$S = K S_{\rho_m} S_{T_1} S_{T_2} \quad [2]$$

with

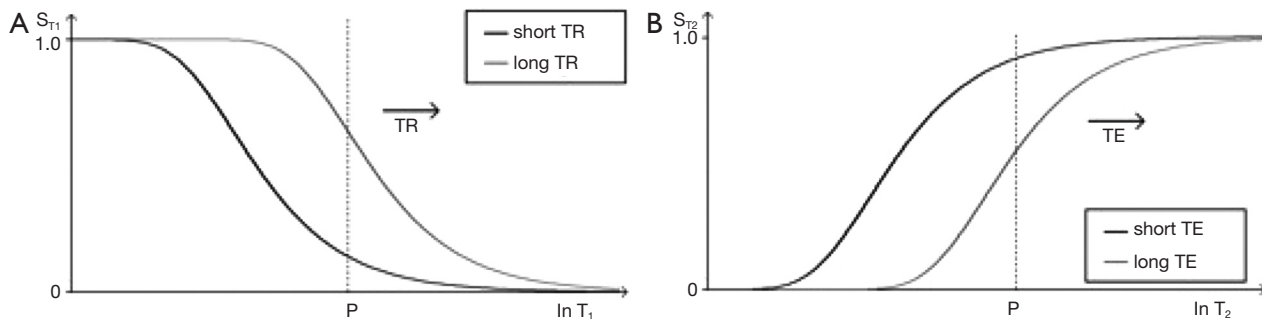
$$S_{\rho_m} = \rho_m, S_{T_1} = 1 - e^{-\frac{TR}{T_1}}, S_{T_2} = e^{-\frac{TE}{T_2}} \quad [3]$$

$S_{\rho_m}, S_{T_1}$ , and  $S_{T_2}$  are the normalized signals for the separate segments of the equation for each of  $\rho_m, T_1$  and  $T_2$ .  $T_1$  is scaled relative to the sequence parameter TR, and  $T_2$  is scaled relative to the sequence parameter TE (or  $TE_{eff}$ ). In the above equation, and subsequent text, TE is used to represent either TE or  $TE_{eff}$ . A list of key definitions is included in *Table 3*.

If instead of plotting magnetization (and potential



**Figure 11** SE  $T_1$ -filter (A) and  $T_2$ -filter (B). Plot of  $S_{T_1}$  against  $\ln T_1$  (A), and  $S_{T_2}$  against  $\ln T_2$  (B) for given values of TR (A) and TE (B). The curves have the appearance of a low pass filter (A), and a high pass filter (B). Both filters are sigmoid shaped with high and low signal plateaus, as well as sloping regions or transition bands between them. Short  $T_1$  values give a high signal in (A), and long  $T_2$  values give a high signal in (B). SE, spin echo.



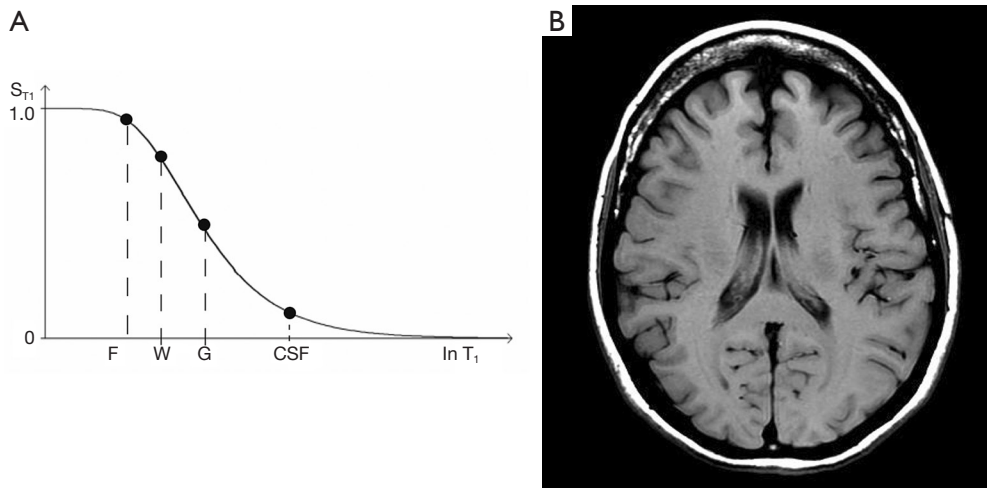
**Figure 12** SE  $T_1$ -filter (A) and SE  $T_2$ -filter (B). With the  $T_1$ -filter (A) increase in TR shifts the curve to the right. With the  $T_2$ -filter (B) increase in TE also shifts the curve to the right. SE, spin echo.

signal) against time as in *Figure 10*, the voxel signal  $S$  is plotted against the natural logarithm of  $T_1$  ( $\ln T_1$ ), and against  $\ln T_2$ , for the fixed times of the pulse sequence TR and TE, the curves shown in *Figure 11* result. The signal equations of these curves are of the form  $y = 1 - e^{-\frac{1}{x}}$  and  $y = e^{-x}$ . This is because the variables are the  $T_1$ s and  $T_2$ s of the different tissues seen on the respective images, rather than time, which has the constant values TR and TE for the latter two segments of the SE sequence. The more familiar exponential equations  $y = 1 - e^{-x}$ , and  $y = e^{-x}$  describe the recovery of longitudinal magnetization, and the decay of transverse magnetization against time respectively as illustrated in *Figure 10*.

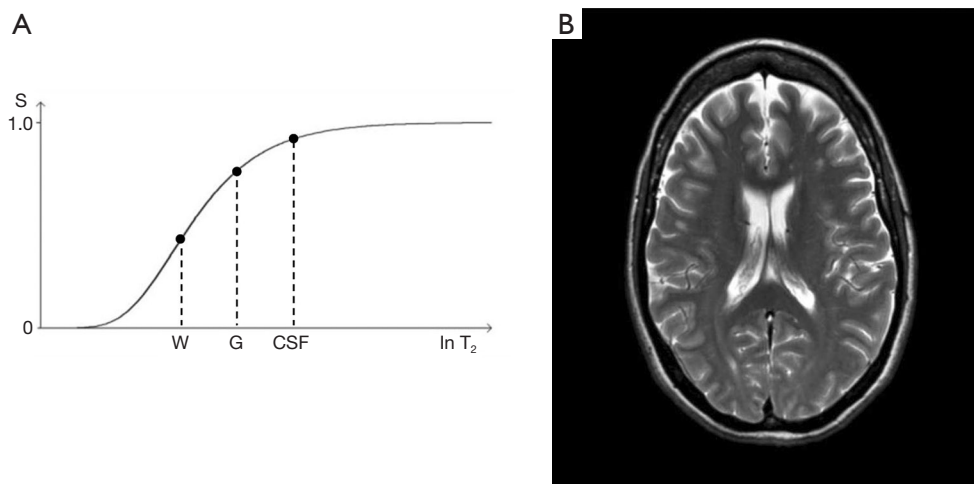
The curves shown in *Figure 11* have the shapes of a low pass filter (low/short values of  $T_1$  “pass” i.e., are not reduced, whereas high/long values of  $T_1$  are reduced or stopped) in *Figure 11A*, and a high pass filter (high/long values of  $T_2$  “pass”, and low/short values of  $T_2$  are reduced or stopped) in *Figure 11B*. Increase in TR shifts the  $T_1$ -filter in *Figure 11A*

to the right (*Figure 12A*). Increase in TE also shifts the  $T_2$ -filter shown in *Figure 12B* to the right. The two filters shown have low pass (or stop) bands and high pass bands as well as transition bands between the two. The transition bands are often the part of the filter of most clinical interest. The term “filter” is used in many different contexts, but the sense used here is analogous to that employed in electronics to describe the blocking or passing of electrical signals depending on their frequencies in resistive-inductive-capacitive (RLC) circuits. The filters in this paper are designated by the TP, or other quantity along their X axis as well as by functional or descriptive terms (e.g., high/low pass, notch).

The signal intensities shown on the  $T_1$ -filter for fat (F), white matter (W), gray matter (G) and CSF in *Figure 13A* correspond with the signal (brightness) seen on the  $T_1$ -weighted SE image shown in *Figure 13B*. The signal intensities shown on the  $T_2$ -filter for white matter (W), gray matter (G) and CSF shown in *Figure 14A* correspond with the signal seen on the  $T_2$ -weighted SE image shown in



**Figure 13** SE T<sub>1</sub>-filter (A) and corresponding T<sub>1</sub>-weighted image of the brain (B). The signal intensities of fat (F), white matter (W), gray matter (G) and CSF shown on the T<sub>1</sub>-filter (A) correspond with the signal (brightness) seen in these tissues and CSF on the image (B).



**Figure 14** SE T<sub>2</sub>-filter (A) and corresponding T<sub>2</sub>-weighted image of the brain (B). The signal intensities of white matter (W), gray matter (G) and CSF shown on the T<sub>2</sub>-filter (A) correspond with the signal (brightness) seen in the tissues and CSF on the image (B).

Figure 14B.

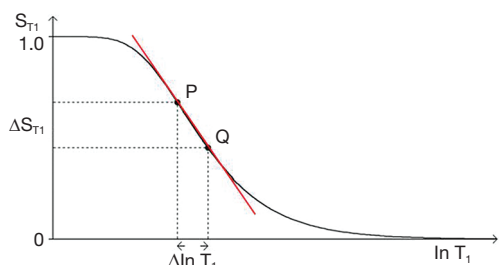
Figure 15 shows the SE T<sub>1</sub>-filter for two tissues P and Q. Increase in T<sub>1</sub> from P to Q along the X axis produces negative contrast from P to Q along the Y axis as a function of the slope of the curve shown in red which is the sequence weighting. Figure 15 also shows the difference in signal  $\Delta S_{T_1}$  (or absolute contrast, C<sub>ab</sub>) between two voxels that results from a difference in T<sub>1</sub> of  $\Delta \ln T_1 = \frac{\Delta T_1}{T_1}$  between two tissues P and Q, for small  $\Delta s$ . Positive change in  $\Delta \ln T_1$  from P to Q along the X axis results in negative contrast from P to

Q along the Y axis. The value of C<sub>ab</sub> =  $\Delta S_{T_1}$  is given by the slope of the filter (m) multiplied by the fractional difference  $\Delta \ln T_1$  (since  $\Delta y = m \Delta x$ ).

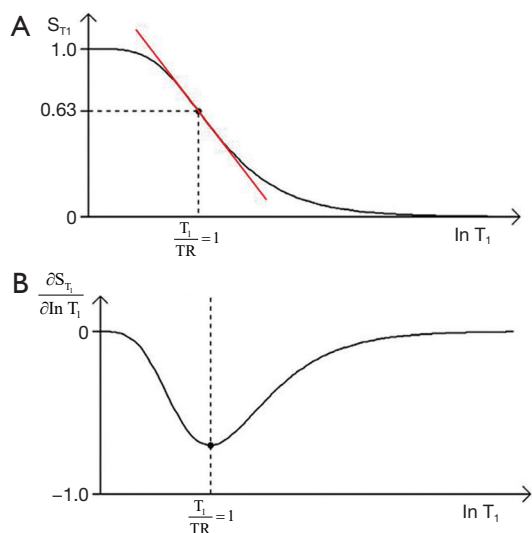
In addition to the central highly sloping region, the curve has both high and low signal plateaus where its slope is much lower. Changes or differences in  $\Delta \ln T_1$  along the X axis in these regions produce much less change in signal than in the central region, and therefore less contrast.

The sequence weighting  $sW_{T_1/SE}$  is the slope of the filter, m. It is the contribution the sequence makes to contrast. In Figure 16 it is the first partial derivative



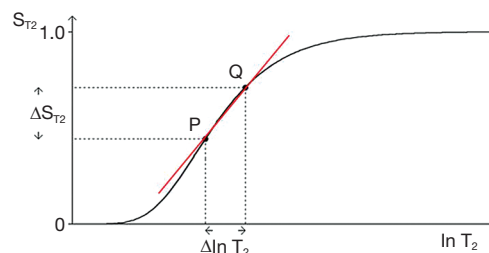


**Figure 15** SE  $T_1$ -filter. Relationship between change in  $\ln T_1$  ( $\Delta \ln T_1 = \Delta T_1/T_1$  for small  $\Delta$ ) and change in signal (contrast)  $\Delta S_{T_1}$ . The (positive) difference  $\Delta \ln T_1$  from P to Q produces a (negative) change in signal  $\Delta S_{T_1}$  from P to Q along the Y axis. This is in a region where the curve is steeply sloping. Difference or change in  $\Delta \ln T_1$  would produce little or no signal difference (or contrast) in regions corresponding to either of the high or low signal plateaus of the curve. The slope of the curve between P and Q shown in red is the sequence weighting for this  $T_1$ -filter. It is negative.



**Figure 16** SE  $T_1$ -filter (A) and its first partial derivative (B). Plot of  $S_{T_1}$  against  $\ln T_1$  (A), and  $\frac{\partial S_{T_1}}{\partial \ln T_1}$  against  $\ln T_1$  (B). The slope of filter is shown in red (A) and is shown in (B) where it is negative or zero. This is the sequence weighting for the  $T_1$ -filter. The slope reaches a maximum negative value at  $\frac{T_1}{TR} = 1$ . This is at  $(1 - e^{-1}) = 0.63 = 63\%$  of the maximum signal shown in (A).

of the  $T_1$ -filter ( $\frac{\partial S_{T_1}}{\partial \ln T_1}$ ) and is shown in *Figure 16B*. It can be calculated using the identity  $\frac{dy}{d(\ln x)} = x \frac{dy}{dx}$ . The slope of the derivative is zero or negative and reaches a minimum (maximum negative value) at the point where  $\frac{T_1}{TR} = 1$  i.e.,  $T_1 = TR$ . The slope of the curve at this point is shown in



**Figure 17** SE  $T_2$ -filter. Plot of  $S_{T_2}$  against  $\ln T_2$  for two tissues, P and Q. The (positive) difference  $\Delta \ln T_2$  from P and Q along the X axis produces a (positive) difference in signal (contrast)  $\Delta S_{T_2}$  along the Y axis where it is opposite a steeply sloping region of the curve. Little or no contrast would be produced by  $\Delta \ln T_2$  if it was opposite either the upper or the lower plateaus of the curve. The slope of the  $T_2$ -filter between P and Q shown in red is the sequence weighting which is positive.

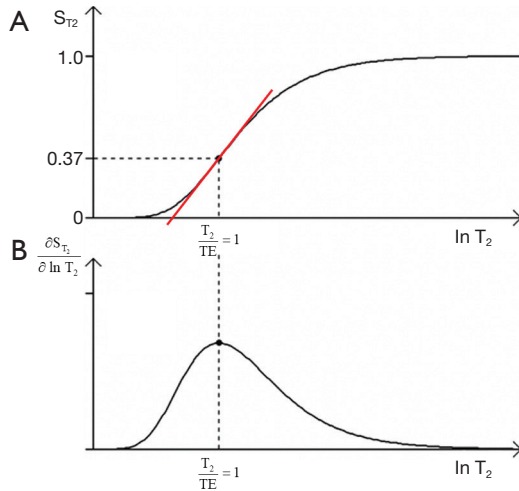
red in *Figure 16A*. This is the point of maximum (negative) sequence weighting. It is achieved at 63% of the maximum signal. The partial derivative seen in *Figure 16B* extends both to the right and to the left of this point showing that there is significant weighting away from the  $\frac{T_1}{TR}$  maximum value, and that this is greater for multiples of  $\frac{T_1}{TR}$  on the right than for the corresponding fractions of  $\frac{T_1}{TR}$  on the left.

The same general principles apply to the  $T_2$ -filter except that it has a positive slope (*Figure 17*). The positive change  $\Delta \ln T_2$  from P to Q along the X axis produces a marked positive change in signal  $\Delta S_{T_2}$  (or absolute contrast  $C_{ab}$ ) from P to Q when this corresponds with a highly sloping region of the  $T_2$ -filter. The slope between P and Q is shown in red. Less change in signal is produced by a change  $\Delta \ln T_2$  in regions corresponding to the high and low signal plateaus. The slope of the  $T_2$ -filter,  $\frac{\partial S_{T_2}}{\partial \ln T_2}$  is the sequence weighting for this filter and is shown in red in *Figure 18A* at its maximum. The slope of the whole filter is shown in *Figure 18B*. This has a maximum positive value where  $\frac{TE}{T_2} = 1$ , i.e.,  $T_2 = TE$  using a  $\ln X$  scale. This is achieved at 37% of the maximum signal.

**Absolute contrast ( $C_{ab}$ ) and fractional contrast ( $C_f$ )**

So far only absolute contrast ( $C_{ab} = \Delta S$ ) has been considered, but fractional contrast ( $C_f = \frac{\Delta S}{S}$  or a variant of this) between two voxels (or groups of similar voxels) is also important in MR imaging. To obtain  $C_f$  the partial derivatives of the TP-filters shown in Eq. [2] are divided by  $S_{pm}$ ,  $S_{T1}$ , and  $S_{T2}$  respectively to obtain normalized forms of sequence weighting for each of the three TP-filters i.e.:

$$sW_{\rho_m/SE/C_{fr}} = 1, \quad sW_{T_1/SE/C_{fr}} = -\frac{TR}{T_1} \frac{e^{-\frac{TR}{T_1}}}{1 - e^{-\frac{TR}{T_1}}}, \quad sW_{T_2/SE/C_{fr}} = \frac{TE}{T_2} \quad [4]$$



**Figure 18** SE  $T_2$ -filter (A) and its first partial derivative (B). Plot of  $S_{T_2}$  against  $\ln T_2$  (A), and  $\frac{\partial S_{T_2}}{\partial \ln T_2}$  against  $\ln T_2$  (B). The slope of curve (e.g., red line) in (A) is shown in (B) where it is positive or zero. It is the sequence  $T_2$ -weighting. It goes through a maximum at  $\frac{T_2}{TR} = 1$  where the signal level is 0.37=37% of the maximum shown in (A).

This is only valid if  $S_{\rho_m}$ ,  $S_{T_1}$  and  $S_{T_2}$  are not low or zero. The prefix s used in Eq. [4] designates sequence weighting. The subscripts are shown here in the order TP /sequence/ type of contrast. More detailed notation for weighting is provided in Table 4. Weighting only needs to be specified to the degree necessary for the purpose at hand.

Contrast is sequence weighting multiplied by fractional change in TP so  $C_{ab}$  for each TP-filter is:

$$C_{ab} = \rho_m \times \frac{\Delta \rho_m}{\rho_m} \quad C_{ab} = -\frac{TR}{T_1} e^{-\frac{TR}{T_1}} \times \frac{\Delta T_1}{T_1} \quad C_{ab} = \frac{TE}{T_2} e^{-\frac{TE}{T_2}} \times \frac{\Delta T_2}{T_2} \quad [5]$$

and fractional contrast ( $C_{fr}$ ) for each TP-filter is:

$$C_{fr} = 1 \times \frac{\Delta \rho_m}{\rho_m} \quad C_{fr} = -\frac{TR}{T_1} \frac{e^{-\frac{TR}{T_1}}}{1 - e^{-\frac{TR}{T_1}}} \times \frac{\Delta T_1}{T_1} \quad C_{fr} = \frac{TE}{T_2} \times \frac{\Delta T_2}{T_2} \quad [6]$$

On the Y axis of the TP-filters,  $C_{ab}$  is shown on a linear scale, and  $C_{fr}$  is shown on a logarithmic scale.

**Large differences or changes in tissue properties**

So far we have only dealt with small changes in tissue properties and used partial derivatives to calculate sequence weighting and combined this with the fractional change in TP to give contrast for each TP.

However, there may also be large differences or changes in tissue properties. In this case we can determine the

**Table 4** Notation for weighting

S or  $iW_{TP/SEQ/SP/linear \text{ or } \log/C_{ab} \text{ or } C_{fr}}$

Weighting needs only to be specified to the degree necessary for the purpose at hand

1. Univariate

- (I) s or i indicate sequence (s) or image (i) weighting
- (II) TP = Tissue Property e.g.,  $\rho_m$ ,  $T_1$ ,  $T_2$
- (III) SEQ = Sequence e.g., SE (or fast SE), IR, PGSE, SGE, partial sequence (form of magnetization preparation etc.) or other filter
- (IV) SP = Sequence Parameter controlling contrast e.g., TR, TI, TE
- (V) Linear or logarithmic (log) are the two options for the X axis
- (VI)  $C_{ab}$  and  $C_{fr}$  are the absolute (ab) and fractional (fr) contrast options for linear and logarithmic Y axes respectively

2. Multivariate

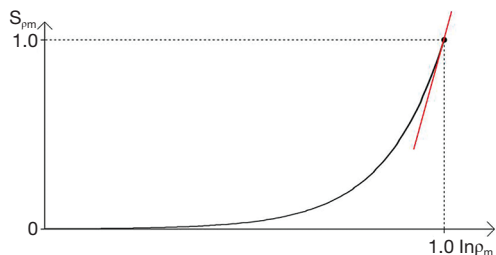
Sequence and image weighting ratios are of the form  $sW_{SEQ/SP/linear \text{ or } \log}^{r_1:r_2:r_3 \dots}$  or  $iW_{SEQ/SP/linear \text{ or } \log}^{r_1:r_2:r_3 \dots}$  where  $TP_1, TP_2, \dots$  are different tissue properties

3. Phase weighting

This is shown with linear X and Y axes and is linear for  $\Delta B_0, \chi, \delta$  and velocity

4. Other forms of weighting, W'

This covers other forms of weighting. These may not be specified in detail



**Figure 19** Plot of  $S_{\rho_m}$  against  $\ln \rho_m$ . The logarithmic scale compresses high values of  $\rho_m$  and so the curve is steeper on the right. The slope of the curve is the  $\rho_m$  sequence weighting (e.g., red line). It is highly positive at the maximum of  $\rho_m$  (1.0).

sequence weighting for two tissues, P and Q, as the mean slope of the filter  $m$ . For the particular case of a  $T_1$ -filter using a logarithmic X axis:

$$m = \frac{S_{T_1}(P) - S_{T_1}(Q)}{\ln T_1(P) - \ln T_1(Q)} \quad [7]$$

The contrast  $m$  is then multiplied by the TP difference to give the contrast.

It is possible to determine the value of TR to maximize  $m$ , and hence the sequence weighting for the values of  $T_1$  at P and Q using numerical methods based on the sequence signal equation. Pelc showed that the large difference (discrete approach) and the use of derivatives (the continuous approach) showed only small disagreement and converged for smaller difference in  $T_1$  in his study of the SGE sequence (34).

### The $\rho_m$ -filter

The final filter for the SE sequence is the  $\rho_m$ -filter. If the X axis was linear it would be a straight line, but since a logarithmic X axis is being used, it is a positive exponential (Figure 19). The maximum slope is shown in red.

### The univariate (single TP-filter) model

The univariate model only deals with difference or change in one filter  $S_{\rho_m}$ ,  $S_{T_1}$  or  $S_{T_2}$  at a time, with the other two TP-filters assumed to be, or made constant.

For change in the  $T_1$ -filter alone we want  $s_{T_1} = e^{\frac{TE}{T_1}}$  to be constant. If  $\frac{TE}{T_1}$  is low as with short values of TE and long values of  $T_1$ ,  $S_{T_1}$  is nearly equal to 1 on the right side of the SE  $T_1$  filter (Figure 17) and is constant, or nearly constant. If in addition  $\Delta\rho_m = 0$ , so that only  $T_1$  changes, we can use the univariate model for  $T_1$ .

If we are interested in change in  $T_2$  alone we want  $S_{T_2}$  to be constant and  $\approx 1$  (i.e.,  $TR/T_2$  high, TR long and  $T_2$  short so  $e^{-TR/T_2} \approx 0$ ) as well as  $\frac{\Delta\rho_m}{\rho_m} = 0$ . Then with only  $S_{T_2}$  changing, we can use the univariate model for  $T_2$  changes. Pulse sequences are frequently designed to minimize the weighting of one of  $T_1$  or  $T_2$  and maximize the other, and quite often  $\frac{\Delta\rho_m}{\rho_m}$  is small or zero. In these circumstances the univariate model can provide a useful way of understanding the signal and contrast produced by the SE sequence.

### Summary of the univariate model of the SE sequence

- (i) The univariate model considers each segment of the SE signal equation separately, and defines respectively an exponential, a low pass and a high pass TP-filter for  $\rho_m$ ,  $T_1$ , and  $T_2$ . As illustrated, here it uses natural logarithms or scaled logs for the TP values but linear TP values can also be used.
- (ii) The first partial derivative of the TP-filter equation is the slope of the filter which is its sequence weighting.
- (iii) For  $T_1$  and  $T_2$ , the slope of the filter can be maximized using the second derivative of the  $T_1$  or  $T_2$ -filter to determine a point of inflexion. This gives the values of TR or TE for maximum sequence weighting of  $TR=T_1$  and  $TE=T_2$  respectively using a  $\ln X$  axis. For a linear X axis the corresponding values are  $TR = 2T_1$  and  $TE = 2T_2$ .
- (iv) The location of the filters relative to the X axis can be changed by varying the sequence parameters TR and TE. The location of the  $T_1$  filter along the X axis can be determined by noting that its sequence weighting is maximized when  $TR = T_1$  where there is 63% of the signal. The  $T_2$ -filter location can be determined by noting that its sequence weighting is maximized at  $TE = T_2$  with 37% of the signal.
- (v) The  $C_{ab}$  of each TP-filter is the first partial derivative of the filter (its sequence weighting) multiplied by the change in TP.
- (vi) The same calculation can be performed for fractional contrast  $C_f$  which is the first partial derivative of the filter multiplied by the change in TP divided by the filter signal, providing that signal levels are not low or zero.
- (vii) For large changes in tissue properties, the mean slope of the TP-filter can be calculated to provide a measure of the sequence weighting for two different tissues rather than the first partial derivative.
- (viii) The model distinguishes between sequence and image weighting.

- (ix) The image weighting (i.e., the proportion of the contrast  $C_{ab}$  or  $C_{fr}$ , whether positive or negative, attributable to each TP) is  $\pm 100\%$  for each  $\rho_m$ ,  $T_1$ , and  $T_2$  filter.
- (x) The univariate model can be appropriate clinically in specific situations where  $\Delta\rho_m$  is low or zero, and  $T_2$ -weighting has been minimized so that only changes in  $T_1$  described by the  $T_1$ -filter are considered (or vice versa for  $T_2$ -weighting).  $T_1$  and  $T_2$  dependence can both be concurrently minimized in order to assess  $\rho_m$  effects.
- (xi) Conventional weighting is qualitative. It is also univariate since it designates a single TP as the principle source of contrast.
- (xii) The univariate TP-filter model provides the mathematical formalism for converting conventional univariate qualitative weighting into quantitative univariate weighting for each TP. This results in a variety of new insights which are not apparent using qualitative weighting.

**The SE sequence (multivariate, three TP-filter model)**

*The multivariate model*

In the previous section we dealt with the situation where only one of  $S_{\rho_m}$ ,  $S_{T_1}$  or  $S_{T_2}$  varied at a time. However, the more general situation is where all three tissue properties  $\rho_m$ ,  $T_1$ , and  $T_2$  differ or change. This is treated in the same way as for the univariate model for each TP-filter, but instead of deriving functions for change in each TP alone, weighting ratios are used. These are the ratio of the individual TP weightings to the sum of the magnitudes of all the TP weightings expressed as a percentage. This measure includes all three properties and quantifies the contribution each TP makes to overall sequence and image weighting (see *Table 3* for definitions).

We can take first derivatives of Eqs. [2] and [3] and use a  $\ln X$  scale so for the whole sequence  $C_{ab} = \Delta S$  is given by:

$$\Delta S = K \left\{ \frac{\partial S_{\rho_m}}{\partial \ln S_{\rho_m}} S_{T_1} S_{T_2} \times \frac{\Delta S_{\rho_m}}{S_{\rho_m}} + S_{\rho_m} \frac{\partial S_{T_1}}{\partial \ln S_{T_1}} S_{T_2} \times \frac{\Delta T_1}{T_1} + S_{\rho_m} S_{T_1} \frac{\partial S_{T_2}}{\partial \ln T_2} \times \frac{\Delta T_2}{T_2} \right\} [8]$$

Normalizing this, providing that none of  $S$ ,  $S_{\rho_m}$ ,  $S_{T_1}$ ,  $S_{T_2}$  are low or zero, gives:

$$\frac{\Delta S}{S} = K \left\{ \frac{1}{S_{\rho_m}} \frac{\partial S_{\rho_m}}{\partial \ln \rho_m} \times \frac{\Delta \rho_m}{\rho_m} + \frac{1}{S_{T_1}} \frac{\partial S_{T_1}}{\partial \ln T_1} \times \frac{\Delta T_1}{T_1} + \frac{1}{S_{T_2}} \frac{\partial S_{T_2}}{\partial \ln T_2} \times \frac{\Delta T_2}{T_2} \right\} [9]$$

For each TP the initial term on the right is the first partial

derivative of the filter divided by the filter itself. This is the normalized first partial derivative for the TP. It is multiplied by the fractional difference in TP in Eqs. [8] and [9].

Using Eqs. [9] and [3] we can evaluate the normalized partial derivatives and define the sequence weighting ratio  $sW_{SE}^r$  as the relative contribution of each of the tissue properties to the overall sequence weighting (see *Table 4*) where:

$$sW_{SE}^r(\rho_m : T_1 : T_2) = \left( 1 : -\frac{TR}{T_1} \frac{e^{-\frac{TR}{T_1}}}{1 - e^{-\frac{TR}{T_1}}} : \frac{TE}{T_2} \right) [10]$$

For the corresponding image weighting ratio  $iW_{SE}^i(\rho_m : T_1 : T_2)$  we multiply the normalized partial derivative for each TP (as in the  $sW^r$ ) by the relevant fractional change in TP  $\frac{\Delta \rho_m}{\rho_m}$ ,  $\frac{\Delta T_1}{T_1}$  and  $\frac{\Delta T_2}{T_2}$  so that:

$$iW_{SE}^i(\rho_m : T_1 : T_2) = \left( 1 \times \frac{\Delta \rho_m}{\rho_m} : -\frac{TR}{T_1} \frac{e^{-\frac{TR}{T_1}}}{1 - e^{-\frac{TR}{T_1}}} \times \frac{\Delta T_1}{T_1} : \frac{TE}{T_2} \times \frac{\Delta T_2}{T_2} \right) [11]$$

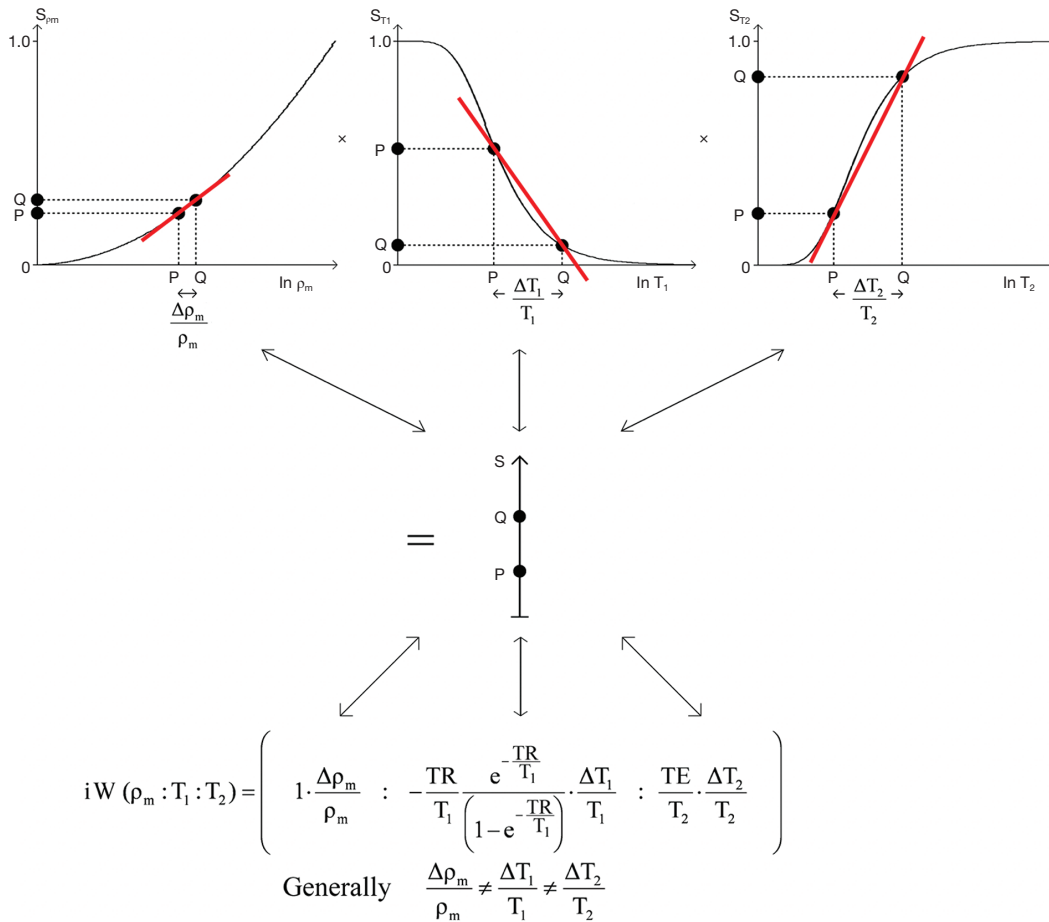
The image weighting ratio is the ratio of the total contributions (from the sequence weighting multiplied by the change in TP) made by each TP to the overall contrast. Within the proscribed limits (no low or zero signals for  $S$ ,  $S_{\rho_m}$ ,  $S_{T_1}$  or  $S_{T_2}$ ) it describes the contribution of each TP to the image weighting in quantitative terms. For the non-zero values described previously the weighting ratios are the same for each type of contrast, whether absolute ( $C_{ab}$ ) or fractional ( $C_{fr}$ ).

The contribution of all TP filters to image weighting is shown in *Figure 20*. The fractional difference in each TP  $\frac{\Delta \rho_m}{\rho_m}$ ,  $\frac{\Delta T_1}{T_1}$  and  $\frac{\Delta T_2}{T_2}$  is multiplied by the slope of each filter (its sequence weighting) to give the difference in signal between two tissues or fluids P and Q (or the contrast  $\Delta S_{\rho_m}$ ,  $\Delta S_{T_1}$  and  $\Delta S_{T_2}$  produced by each TP). Signals from each TP filter are multiplied together to give the overall signals for P and Q as shown at the center of the figure. The difference, or contrast between them is also shown. The image weighting ratio  $iW_{SE}^i(\rho_m : T_1 : T_2)$  can be calculated from the normalized first partial derivatives (i.e., the sequence weightings) multiplied by the fractional differences in tissue properties as shown in the lower part of *Figure 20*.

*A worked example*

*Table 5* shows a worked example for a SE sequence ( $SE_{TR/TE} = 600/20$  ms) based on data for white and gray matter of the brain for a  $T_1$ -weighted image obtained at 1.5T from Hendrick (35). Normalizing by the sum of the magnitudes of





**Figure 20** SE sequence. Image signal, contrast and weighting for two tissues P and Q. The diagram shows how the fractional differences in each tissue property  $\frac{\Delta\rho_m}{\rho_m}$ ,  $\frac{\Delta T_1}{T_1}$  and  $\frac{\Delta T_2}{T_2}$  are multiplied by the slopes of each filter in turn ( $S_{\rho_m}$ ,  $S_{T_1}$ ,  $S_{T_2}$ ) to give the signals for P and Q along the respective  $S_{\rho_m}$ ,  $S_{T_1}$ ,  $S_{T_2}$  Y axes in the top row. These signals are then multiplied together to give the overall signals for P and Q and contrast (difference in signal) between them along the Y axis showing S in the center of the image. The corresponding calculations for the image weighting ratio  $iW_{SE}(\rho_m:T_1:T_2)$  are shown below, where each normalised partial derivative is multiplied by the corresponding fractional change in tissue property to give the contributions of each tissue property to the contrast between P and Q. The signals from  $S_{\rho_m}$ ,  $S_{T_1}$ ,  $S_{T_2}$  are multiplied together to give the overall signal S, and contrast between P and Q along the Y axis shown at the center of the image.

the signals and using percentages, the sequence weighting ratio  $sW_{SE}^r(\rho_m:T_1:T_2)$  is (51:-30:19). In qualitative terms the sequence would be described as  $\rho_m$ -weighted (since  $\rho_m$  is the greatest source of contrast), but the image weighting ratio,  $iW_{SE}^r(\rho_m:T_1:T_2)$  is (27: -61:12). This shows that the image would be described as  $T_1$ -weighted using the qualitative approach to weighting of naming the sequence by the TP which is the main source of contrast. Thus, in qualitative weighting terms, a  $\rho_m$ -weighted sequence has been used to produce a  $T_1$ -weighted image. The greater  $\rho_m$ -weighting of the sequence is overcome by the greater fractional difference in  $T_1$  to produce the dominant  $T_1$ -weighting of the image.

Figure 3 shows a  $T_1$ -weighted SE sequence imaging brain (A) and Achilles tendon (B). Using the same values for the sequence parameters, but assuming a  $T_1$  of 350 ms and  $T_2$  of 2 ms for normal Achilles tendon the  $sW_{SE}^r(\rho_m:T_1:T_2)$  is (26:-9:65). In qualitative terms this shows that the sequence which is  $\rho_m$ -weighted for the brain is heavily  $T_2$ -weighted for the Achilles tendon.

**Summary of the multivariate model of the SE sequence**

- (i) The multivariate SE model combines the filters for the three TP-filters  $\rho_m$ ,  $T_1$ , and  $T_2$  to give overall

**Table 5** Normal white and gray matter, worked example ( $SE_{TR/TE} = 600/20$  ms sequence)

|   | $\rho_m$   | T1  | T2  |
|---|--|---|---|
| White Matter (WM)   | 0.61 g/cc  | 510 ms  | 67 ms   |
| Gray matter (GM)  | 0.69 g/cc  | 760 ms  | 77 ms   |
| Tissue property fractional difference (relative to WM)          | $\frac{\Delta\rho_m}{\rho_m} = \frac{0.08}{0.61} = 13\%$                       | $\frac{\Delta T_1}{T_1} = \frac{250}{510} = 49\%$   | $\frac{\Delta T_2}{T_2} = \frac{10}{67} = 15\%$                         |
| Signal $S_{TP}$ (% maximum signal)                              | $S_{\rho_m} = \rho_m = 61\%$   | $\frac{T_1}{TR} = 0.85, S_{T_1} = \left(1 - e^{-\frac{TR}{T_1}}\right) = 69\%$  | $\frac{T_2}{TE} = 0.30, S_{T_2} = e^{-\frac{TE}{T_2}} = 74\%$           |
| Sequence weighting, $sW_{TP/SE/C_{fr}}$                         | $sW_{\rho_m/SE/C_{fr}} = 100\%$  | $sW_{T_1/SE/C_{fr}} = -\frac{TR}{T_1} \cdot \frac{e^{-\frac{TR}{T_1}}}{\left(1 - e^{-\frac{TR}{T_1}}\right)} = -36\%$ | $sW_{T_2/SE/C_{fr}} = \frac{TE}{T_2} = 22\%$                            |
| Sequence weighting ratio, $sW_{SE}^r(\rho_m : T_1 : T_2)$       | 51%  | -30%  | 19%   |
| Image weighting, $iW_{TP} = sW_{TP} \cdot \frac{\Delta TP}{TP}$ | $iW_{\rho_m} = sW_{\rho_m} \cdot \frac{\Delta\rho}{\rho} = 51 \times 13 = 633$ | $iW_{T_1} = sW_{T_1} \cdot \frac{\Delta T_1}{T_1} = -30 \times 49 = -1470$  | $iW_{T_2} = sW_{T_2} \cdot \frac{\Delta T_2}{T_2} = 19 \times 15 = 285$ |
| Image weighting ratio, $iW_{SE}^r(\rho_m : T_1 : T_2)$          | 27%  | -61%  | 12%   |

- (ii) absolute or fractional contrast.
- (ii) The ratio of the contributions of the sequence tissue properties to the overall contrast is the sequence weighting ratio,  $sW_{SE}^r(\rho_m : T_1 : T_2)$
- (iii) The sequence contributions are multiplied by the respective fractional differences or changes in tissue properties to provide the image weighting ratio,  $iW_{SE}^r(\rho_m : T_1 : T_2)$
- (iv) Changes in the sequence parameters TR, and TE vary the weighting ratios.
- (v) The sequence and image ratios are the same for  $C_{ab}$  and  $C_{fr}$ .
- (vi) Mean slopes can be used for large differences or changes in tissue properties.
- (vii) The multivariate model is generally applicable in clinical practice apart from situations where signals are low or zero.
- (viii) There is no equivalent way of describing multivariate weighting using the conventional qualitative approach to weighting which is univariate.

TP-filter diagrams for the SE sequence and other sequences are included at the end of the text of this paper. TP-filter equations and derivatives for the SE and other sequences are also included at the end of the text of this paper.

**The IR sequence (TP-filter)**

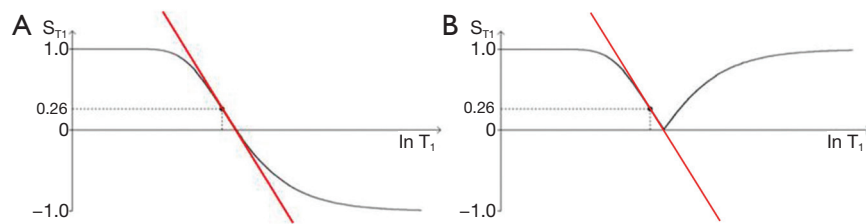
The IR sequence has an additional  $T_1$ -filter to that of the SE sequence giving a total of four filters. The second  $T_1$ -filter is controlled by the inversion time (TI) following the initial inversion pulse. If  $TR \geq$  than the longest tissue (or fluid)  $T_1$ , the first  $T_1$ -filter (which is the same as for the SE sequence) allows virtually full recovery of all tissue longitudinal magnetization, and the overall signal is very largely, or wholly determined by the second (inversion)  $T_1$ -filter for which the signal equation is:

$$S_{T_1} = 1 - 2e^{-\frac{TI}{T_1}} \tag{12}$$

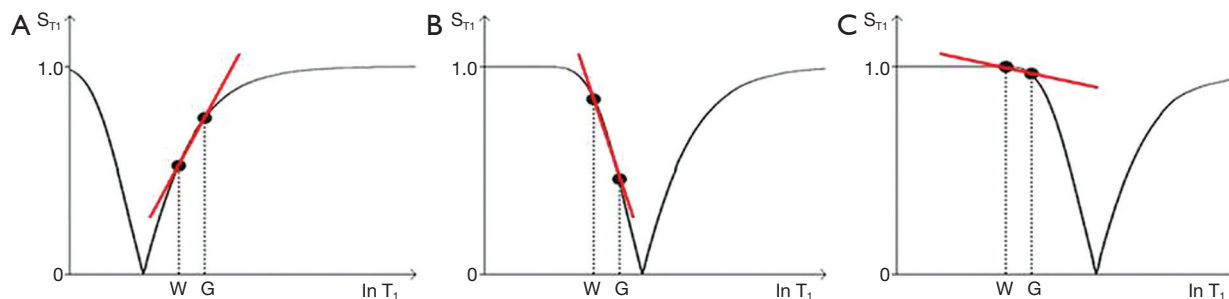
where TI is the inversion time. (The two  $T_1$ -filters can also be combined if necessary.) The  $\rho_m$  and  $T_2$ -filters are the same as for the SE sequence.

**The long TR IR sequence (with a single inversion)**

In this section the common long TR version of the IR sequence (with a single inversion) is considered. The  $T_1$ -filter for this sequence (*Figure 21A*) has twice the signal range (i.e., from +1 to -1) and twice the slope compared with the  $T_1$ -filter of the SE sequence. It also passes through



**Figure 21** Long TR IR (single inversion) sequence T<sub>1</sub>-filters with phase sensitive (A), and magnitude (B) reconstruction. The curve in (A) has high and low signal plateaus with a sloping region between them. It has twice the range (+1 to -1), and twice the slope of the corresponding SE T<sub>1</sub>-filter. The curve in (B) is the same as that in (A) up to the zero signal, or the null point. Beyond this the curve in (B) is a mirror reflection across the X (ln T<sub>1</sub>) axis of the curve in (A). The slope of the filter is maximal at T<sub>1</sub> = TI (red lines) and this corresponds to a signal level of 0.26=26%.



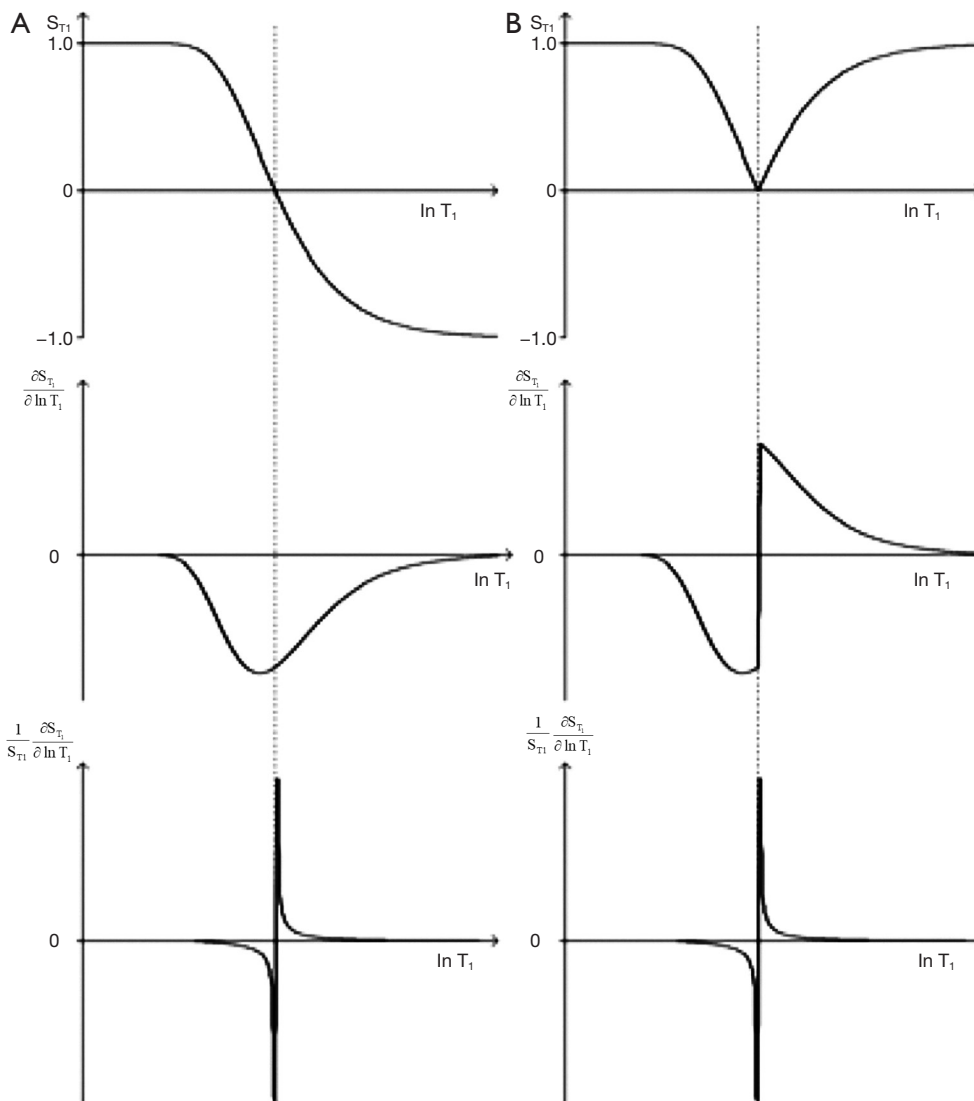
**Figure 22** T<sub>1</sub>-filters for the long TR IR (single inversion) sequence. Plots of S<sub>T<sub>1</sub></sub> against ln T<sub>1</sub> are shown for a short TI (A), an intermediate TI (B), and a long TI (C). The positions of white matter (W) and gray matter (G) of the brain are shown along the X axis in (A), (B) and (C). In (A) (the STIR sequence), the signal from white matter is lower than that from gray matter. In (B) (the intermediate TI sequence) the filter is shifted to the right and the signal from white matter is higher than that from gray matter, and in (C) the long TI (e.g., T<sub>2</sub>-FLAIR sequence) the filter is displaced further to the right and the signal from white matter is slightly higher than that from gray matter. The sequence weighting (red lines) is highly positive in (A), highly negative in (B) and slightly negative in (C). (A), (B) and (C) are the three main classes of the long TR IR sequence.

zero with a null point where  $1 - 2e^{-\frac{TI}{T_1}} = 0$ , and  $TI = 0.69 T_1$ . Contrast is maximized on a natural log X axis scale where  $TI = T_1$  and on a linear X axis scale where  $TI = 2T_1$ . This is achieved at 26% of the maximum signal. IR images can be reconstructed in either phase-sensitive (*Figure 21A*) or magnitude form where the negative signal shown in the Y axis beyond the null point is reflected across the X axis to become positive (*Figure 21B*). The slope of the filter at maximum sequence weighting is shown in red.

We can illustrate the three main classes of this form of the long TR IR sequence (36) by starting with a short TI and increasing TI (which displaces the curve to the right) using white (W) and gray (G) matter as fixed points of reference. In *Figure 22A* a short TI IR (STIR) sequence is shown with W matter signal less than that of G matter. In *Figure 22B* an intermediate TI sequence is shown with W matter signal greater than that of G matter, and in *Figure 22C* a long TI

sequence, including the T<sub>2</sub>-FLAIR sequence, is shown with both W and G matter high signal, with the signal from W matter slightly higher than that from G matter. The slopes of the curves which are their sequence weightings are shown in red. There is a similarity between Godfrey Hounsfield's figure for the IR sequence (*Figure 1A*) and *Figure 22*.

In the multivariate approach the positive contrast of the STIR sequence T<sub>1</sub> segment using magnitude reconstruction is combined with the positive contrast of the ρ<sub>m</sub> and T<sub>2</sub> filters to give synergistic positive contrast when there is an increase in all three tissue properties Δρ<sub>m</sub>, ΔT<sub>1</sub> and ΔT<sub>2</sub> in disease. With the intermediate TI sequence there is a high negative T<sub>1</sub> contrast. TE is usually reduced to minimize the opposed T<sub>2</sub> contrast. With the T<sub>2</sub>-FLAIR sequence the slightly greater signal from white matter compared with gray matter (negative contrast) counters the opposed positive contrast from ρ<sub>m</sub>, giving a net low contrast background between white and



**Figure 23** Plots of  $S_{T_1}$  (the  $T_1$ -filter for absolute contrast) (upper row),  $\frac{\partial S_{T_1}}{\partial \ln T_1}$  (the first partial derivative of this) (middle row) and  $\frac{1}{S_{T_1}} \frac{\partial S_{T_1}}{\partial \ln T_1}$  (the  $T_1$ -filter for fractional contrast) (lower row) against  $\ln T_1$  using phase sensitive reconstruction [left column, (A)] as well as plots of  $S_{T_1}$ ,  $\frac{\partial S_{T_1}}{\partial \ln T_1}$  and  $\frac{1}{S_{T_1}} \frac{\partial S_{T_1}}{\partial \ln T_1}$  against  $\ln T_1$  with magnitude reconstruction [right column, (B)] (long TR IR sequence). Null points are linked vertically. Contrast is maximised where  $T_1 = T_1$  [middle row, (A)] using  $C_{ab}$ . There is a discontinuity at the null point with magnitude reconstruction of  $\frac{\partial S_{T_1}}{\partial \ln T_1}$  (middle row) and in both instances in the lower row. The normalised partial derivatives (lower row) become infinite at the null point.

gray matter for the brain against which high signal lesions produced by the heavy positive  $T_2$ -weighting of the sequence and increase in  $T_2$  of lesions can be seen. Although the  $T_2$ -FLAIR sequence has heavy  $T_2$ -weighting for the brain, it also often has 5–20% opposed  $T_1$ -weighting for this tissue. It also has very heavy negative  $T_1$ -weighting for CSF (i.e., the filter has a steep negative slope for values of  $T_1$  just less than the  $T_1$  of CSF at its null point). This leads to an increase

in signal for reductions in  $T_1$  of CSF (e.g., due to increased molecular  $O_2$  or blood dissolved within it, cf. *Figure 4*). Plots of  $S_{T_1}$ , the first partial derivative and the normalized first partial derivative are shown in *Figure 23*.

**The DIR sequence**

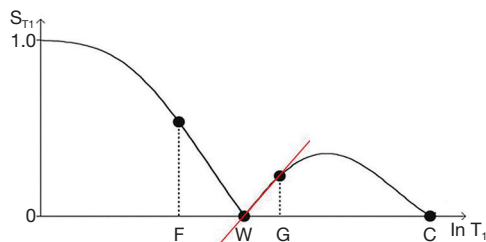
The DIR sequence can be used in long TR long TI form



to null both white matter and CSF leaving only signal from gray matter (37) (Figure 8). Its  $T_1$ -filter has a double notch appearance (Figure 24). It shows a high positive slope (seen in red) and thus high sequence weighting, for small increases in the  $T_1$  in white and gray matter. The sequence weighting is positive, zero or negative for different values of  $T_1$ .

### MASTIR (Multiplied, Added, Subtracted and/or fiTted) IR sequences

It is possible to extend the concept of multiplying two



**Figure 24** The Double Inversion Recovery sequence  $T_1$ -filter (magnitude reconstruction).  $S_{T_1}$  is plotted against  $\ln T_1$ . The signals from fat (F), white matter (W), gray matter (G) and CSF (C) are shown. Both white matter and CSF are nulled. The slope of the filter between W and G is shown in red. It is the sequence weighting in this region of the filter. For small increases in the  $T_1$  of white and gray matter there is an increase in signal which is synergistic with any concurrent increase in  $\rho_m$  and/or  $T_2$  resulting in synergistic contrast. The sequence weighting i.e., slope of the  $T_1$ -filter curve is zero, negative, zero, positive, zero, negative and then zero again as  $T_1$  increases along the X axis.

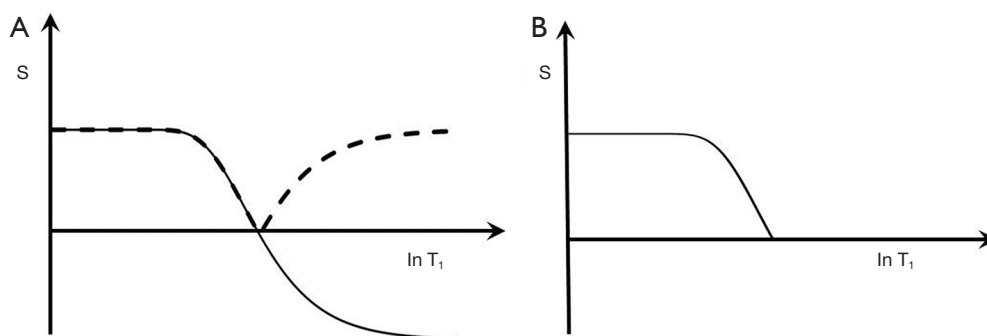
IR sequences together (as in the DIR sequence) to include addition, subtraction and fitting of two or more IR sequences as in the MASTIR (Multiplied, Added, Subtracted and/or fiTted IR) group of sequences. One example of this type of sequence is the Added IR (AIR) sequence. The  $T_1$ -filter for this sequence, in which phase-sensitive and magnitude reconstructed images with the same TI are added, is shown in Figure 25. It is a low pass  $T_1$ -filter.

Subtraction of a magnitude reconstructed image with an intermediate TI from a magnitude reconstructed image with a short TI is shown in Figure 26 (a Subtracted IR, or SIR sequence). It is a high pass, high transition band slope  $T_1$ -filter. In the central transition band there is up to twice the sensitivity to change in  $T_1$  of the single IR sequences because both of these sequences contribute to it. In addition, the sign of the sequence weighting is positive.

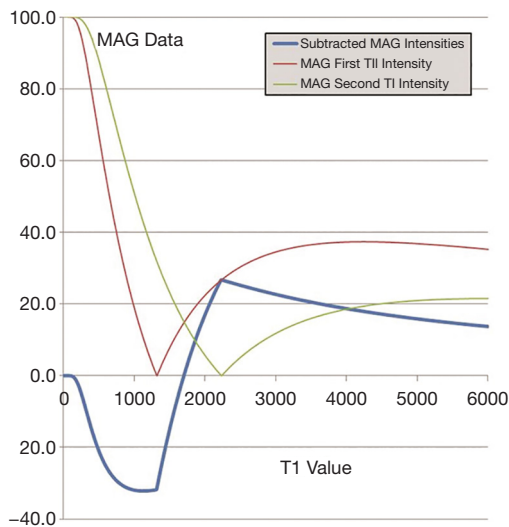
The sequence weighting for  $\rho_m$  and  $T_2$  is synergistic with that for  $T_1$  for concurrent increases in  $\rho_m$ ,  $T_1$  and  $T_2$ . For the intermediate TI sequence the  $T_1$  sequence weighting is opposed to that of  $\rho_m$  and  $T_2$  contrast. The opposed  $T_2$  contrast can be reduced by using a short TE, or be made synergistic with the  $T_1$  contrast using Echo Subtraction (ES).

The contrast synergy and high  $T_1$  weighting of the SIR sequence are advantages compared with  $T_2$ -FLAIR sequences (where the  $T_1$  contrast is opposed to that of  $\rho_m$  and  $T_2$ ) for imaging of  $T_1$ s within the transition band. It is also an advantage compared with the heavily  $T_2$ -weighted SE sequence. CSF signal can be suppressed by multiplying the sequence by a long TI inversion filter (MSIR).

In summary the IR sequence  $T_1$ -filter has a high sloping regions. It includes negative signal values and options to null different tissues or fluids. It can be reconstructed in phase sensitive or magnitude form. Combinations of IR



**Figure 25**  $T_1$ -filter for the Added IR (AIR) sequence. The phase sensitive (solid line) and magnitude (dashed line) reconstructed images are shown in (A) and are added and normalised in (B). This provides high signal for short  $T_1$  tissues, and zero signal for longer  $T_1$  tissues and fluids. It is a low pass filter.



**Figure 26**  $T_1$ -filter for Subtracted IR (SIR) sequence with a linear  $T_1$  scale. A magnitude reconstructed intermediate TI (green) image is subtracted from a magnitude reconstructed short TI image (red). The difference image (blue) shows that for  $T_1$ s in the range between the null points for the two TIs there is a very high positive slope (or sequence weighting) for the  $T_1$ -filter. The slope of the subtracted image in this range is greater than that of either of the original two IR images.

images can be used to null two or more tissues and to obtain high synergistic contrast.

**The pulsed gradient spin echo (PGSE) sequence (TP-filter)**

*The  $D^*$ -filter*

The PGSE sequence is used to obtain  $D^*$ -weighted images. The TP-filters are those of the basic SE sequence (Eq. [12]) with the inclusion of a fourth filter  $S_{D^*}$ , given by

$$S_{D^*} = e^{-bD^*} \tag{13}$$

The sequence weightings for  $C_{ab}$  and  $C_{fr}$  are:

$$sW_{D^*/PGSE/C_{ab}} = -bD^*e^{-bD^*} \quad sW_{D^*/PGSE/C_{fr}} = -bD^* \tag{14}$$

where  $b$  is the diffusion sensitivity parameter and  $D^*$  is the apparent diffusion coefficient. The PGSE sequence uses gradient pulses on either side of the  $180^\circ$  pulse to sensitize the sequence to diffusion. The  $b$  value for such a sequence is given by  $b = \gamma^2 G^2 \delta^2 \left( \Delta - \frac{\delta}{3} \right)$  where  $\gamma$  is the gyromagnetic ratio,  $G$  is the gradient strength,  $\delta$  is the duration of the sensitizing pulses and  $\Delta$  is the separation in time between

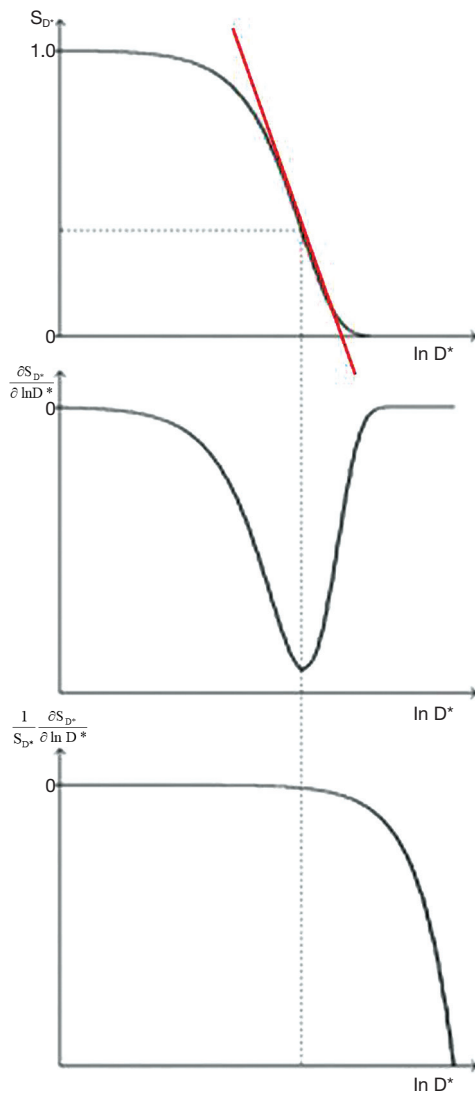
them. The symbols  $\delta$  and  $\Delta$  are used in this specific context with the PGSE sequence and do not represent chemical shift or change, as in earlier and later sections of this paper. When the gradient is applied almost continuously,  $b$  is approximately equal to  $\frac{\gamma^2 G^2 TE^3}{12}$ . In this situation (which is close to that often used clinically for maximum  $b$  value imaging) the diffusion sensitivity depends on  $G$  and  $TE$ . As a result, a single pulse sequence parameter  $TE$  affects both the  $T_2$  and the  $D^*$  weighting of the PGSE sequence. Diffusion weighted sequences usually include a reference “ $b = 0$ ” (or in practice about  $5\text{-}20 \text{ s/mm}^2$ ) sequence with the same  $TR$  and  $TE$  as the principal sequence. These have a  $D^*$ -filter which is essentially flat, and equal to 1 i.e., there is no filter effect for  $D^*$ .

The  $D^*$ -filter is shown in *Figure 27*. It is a negative exponential. The sequence weighting for  $C_{ab}$  is negative (middle row) and is opposed to that for  $TE$ . The first partial derivative of the filter which is the slope of the curve shown in red in the upper row goes through a negative maximum at  $bD^* = 1$  using a  $\ln D^*$  scale where the signal level is 37%. An increase in  $TE$  results in a shift of this curve to the left which is opposite to that for the SE  $T_2$ -filter. The sequence weighting for  $C_{fr}$  is shown in the lower row. There is no point of inflection. Signal from both the  $T_2$  and  $D^*$  filters decreases as  $TE$  is increased.

With a typical  $D^*$ -weighted sequence ( $SE_{TR/TE} = 5,000/150 \text{ ms}$ ,  $b = 1,000 \text{ s/mm}^2$ ) as used to examine gray matter of the brain with  $T_1=1,000 \text{ ms}$ ,  $T_2= 80 \text{ ms}$ , and  $D^*(\text{gray}) = 0.7 \times 10^{-3} \text{ mm}^2/\text{s}$ , the sequence weighting ratio is given by:

$$sW_{PGSE}^f(\rho_m : T_1 : T_2 : D^*) = \left( 1 - \frac{TR}{T_1} \frac{e^{-\frac{TR}{T_1}}}{1 - e^{-\frac{TR}{T_1}}} ; \frac{TE}{T_2} ; -bD^* \right) = (31 : -1 : 46 : -22) \tag{15}$$

Although a sequence of this type is generally described as “diffusion weighted” using the qualitative approach, the dominant sequence weighting is actually from  $T_2$  (46%) compared with -22% for diffusion. The same principles apply to the imaging of the liver tumors shown in *Figure 5*. The  $T_2$  and  $D^*$  weightings are opposed (i.e., they are of opposite sign). The term “shine through” is applied to the situation where a high signal is seen with a “diffusion weighted” image because of its concurrent heavy  $T_2$ -weighting and it may not be clear whether high signal seen in a lesion is associated with an increase or decrease in  $D^*$ . Usually  $D^*$  maps help by showing the magnitude and sign of the change in  $D^*$ . However, with lesions with reduced  $T_2$ s, the overall image signal level may be low and diffusion weighting may result in little further reduction in this signal resulting in a noisy, spuriously low value of  $D^*$  on the map.



**Figure 27** Plots of  $S_{D^*}$  (the  $D^*$ -filter using  $C_{ab}$ ) (upper),  $\frac{\partial S_{D^*}}{\partial \ln D^*}$  (the first partial derivative of this using  $C_{ab}$ ) (middle) and  $\frac{1}{S_{D^*}} \frac{\partial S_{D^*}}{\partial \ln D^*}$  (the  $D^*$ -filter using  $C_{fr}$ ) (lower) against  $\ln D^*$  for the PGSE sequence.  $S_{D^*}$  is a negative exponential function. The partial derivative (middle) which is the  $D^*$  sequence weighting shows a minimum at  $bD^*=1$  (vertical dotted line) for absolute contrast ( $C_{ab}$ ). With fractional contrast ( $C_{fr}$ ) (lower) there is no point of inflection for the sequence weighting.

### Tumors

In the body, diffusion weighted images are frequently used to visualize tumors. The basic sequence is typically a STIR SE or a fat saturated SE sequence with an echo planar imaging (EPI) data collection. There is a fourth (diffusion)

filter. If the tumor shows an increase in  $\rho_m$ ,  $T_1$ , and  $T_2$ , but a decrease in  $D^*$  i.e.,  $\frac{\Delta D^*}{D^*}$  negative then the diffusion contrast is positive and synergistic. It produces high overall contrast. A negative  $\frac{\Delta D^*}{D^*}$  means that the tumor is more restricted than that in normal tissue. If  $\frac{\Delta D^*}{D^*}$  is positive i.e., there is an increase in  $D^*$ , the diffusion contrast is opposed to that produced from increases in  $\rho_m$ ,  $T_1$ , and  $T_2$  and the overall contrast may be low.

Subtraction of the  $D^*$ -weighted sequence from the non-diffusion weighted sequence ( $b=0$  s/mm<sup>2</sup>) can be used to reverse the  $D^*$  contrast in this situation and make it synergistic with  $\rho_m$  and  $T_2$  contrast for increases in all three of these tissue properties.

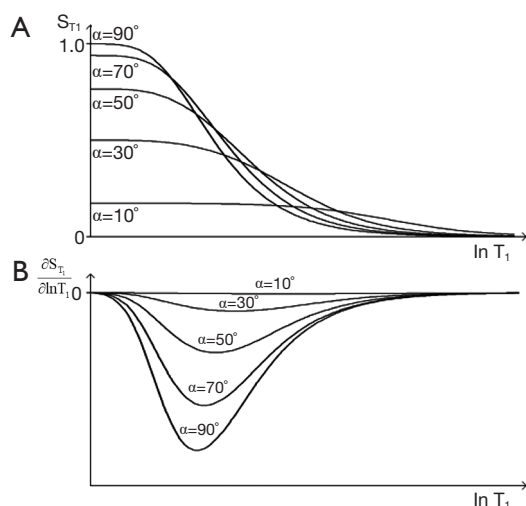
### Anisotropy

In addition, basic diffusion contrast may be anisotropic and vary with orientation typically along, or across ordered fibers or cells. This is seen for example in white matter, skeletal and cardiac muscle, the kidney, tendons and ligaments. It is usually studied with gradients applied in a minimum of six directions to determine the diffusion tensor from which diffusion along and across major directions can be determined and expressed as fractional anisotropy. This is frequently reduced in disease. White matter has a normal  $D^*$  that is low with the gradient transverse to the fiber direction. Disease in white matter producing an increase in  $D^*$  in the direction transverse to the gradient may be indistinguishable from the normal higher  $D^*$  seen in fibers which are parallel to the gradient direction.

### Applications

High  $b$  value imaging is used to provide data for tractography using multi-directional gradients. Diffusion weighting is used with a low  $b$  value (e.g.,  $b=50$  s/mm<sup>2</sup>) to sensitize the sequence to perfusion where there is significantly larger motion of molecules of water than with diffusion. Low  $b$  values may also be used to suppress vascular signal in neurography and for assessment of perfusion as intravoxel incoherent motion.

Fat suppression is usually used with diffusion weighting (fat has a very low  $D^*$  (e.g.,  $0.01$  mm<sup>2</sup>/s) and would be high signal) and the signals from fluids are reduced because of their high  $D^*$ . This results in low signal images which are usually tightly windowed. The fractional change in  $D^*$  is often greater than those in  $T_1$  or  $T_2$  and if this is negative it often leads to high contrast.



**Figure 28**  $T_1$ -filter for SGE sequence. Plots of  $S_{T_1}$  (A) and  $\frac{\partial S_{T_1}}{\partial \ln T_1}$  (B) against  $\ln T_1$  for flip angles ( $\alpha$ ) of  $90^\circ$ ,  $70^\circ$ ,  $50^\circ$ ,  $30^\circ$  and  $10^\circ$  for the SGE sequence. As the flip angle decreases from  $90^\circ$  (A), the slope of the curve decreases. At  $10^\circ$  the curve is nearly flat over a wide range. (B) shows the sequence weighting which is negative and decreases as  $\alpha$  decreases from  $90^\circ$  to  $10^\circ$ . The curve in (A) is identical to the  $T_1$ -filter for the SE sequence at  $\alpha=90^\circ$  but as  $\alpha$  decreases the curve flattens. The value of  $T_1$  for maximum sequence weighting shown in (B) increases as flip angle decreases.

In summary, the PGSE sequence adds a fourth (diffusion) filter to the SE sequence with sequence parameter  $b$ . TE controls both  $T_2$ -weighting and  $D^*$ -weighting through  $b$  but the two sequence weightings are opposed. The  $T_2$  sequence weighting is frequently greater than the diffusion sequence weighting.  $D^*$  values are often decreased in important conditions such as acute cerebral infarction and many tumors which make the  $T_2$  and  $D^*$  image weightings synergistic and produce high signal. Anisotropy in white matter may lead to overlap between effects from normal and abnormal values of  $D^*$ .

### The SGE sequence (TP-filter)

Gradient echo sequences can be divided into: (I) SGE, (II) steady-state with free induction decay (FID) sampling, (III) steady-state with SE sampling, and (IV) balanced steady-state free precession (bSSFP) although other systems of classification are used (38-43). In this section the SGE sequence is considered and in the next section the bSSFP sequence is described.

The  $180^\circ$  pulse in the SE sequence has a central role

in reversing contrast effects in tissues with off-resonance frequencies different from water, such as those due to susceptibility differences and fat. With the gradient echo sequence, these effects are not reversed, and phase differences develop within, and between, voxels containing tissues with different resonant frequencies. The magnitude of the MR signal from a voxel is the complex sum of the signals from tissues within it. When these have different resonant frequencies and develop phase differences over time a reduction in signal magnitude results.

The SGE  $T_1$ ,  $T_2$ , static field inhomogeneity ( $\Delta B_0$ ), susceptibility ( $\chi$ ), chemical shift ( $\delta$ ) and  $T_2^*$ -filters are described next.

### The $T_1$ -filter

For the SGE sequences the signal for the  $T_1$ -filter is similar to that for the SE equation but with the addition of two flip angle ( $\alpha$ ) terms so that:

$$S_{T_1} = \frac{\sin \alpha}{1 - \cos \alpha} e^{-\frac{TR}{T_1}} \left( 1 - e^{-\frac{TR}{T_1}} \right) \quad [16]$$

The signal is controlled by two sequence parameters TR and  $\alpha$ . For a given TR the  $T_1$ -filters for flip angles of  $90^\circ$ ,  $70^\circ$ ,  $50^\circ$ ,  $30^\circ$ , and  $10^\circ$  are shown in Figure 28A. As flip angle decreases from  $90^\circ$ , the signal and the slope of the  $T_1$ -filter decrease on the left, although signal may increase slightly on the right. The first partial derivative of the curve is shown in Figure 28B where it goes through a negative maximum. Maximum signal is obtained by putting  $\frac{\partial S_{T_1}}{\partial \alpha} = 0$  which gives the Ernst angle which is the value of  $\alpha$  for maximum signal  $\alpha_s$ , where

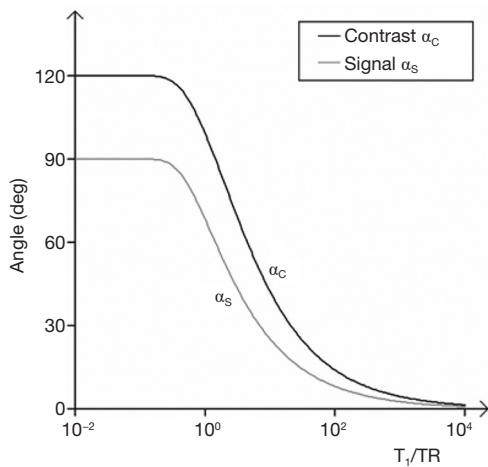
$$\cos \alpha_s = e^{-\frac{TR}{T_1}} \quad [17]$$

The flip angle for maximum contrast,  $\alpha_c$  is obtained by putting  $\frac{\partial^2 S_{T_1}}{\partial \ln T_1 \partial \alpha} = 0$  for which

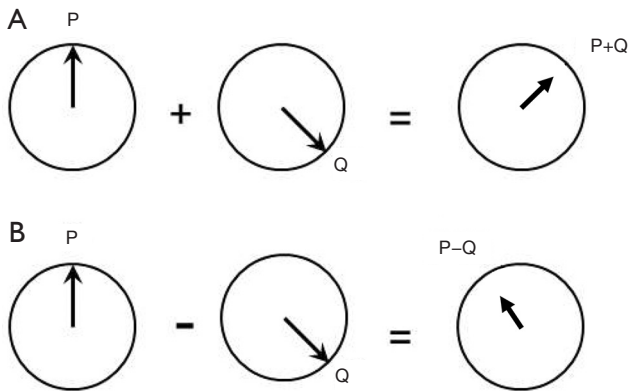
$$\cos \alpha_c = \frac{2e^{-\frac{TR}{T_1}} - 1}{1 - 2e^{-\frac{TR}{T_1}}} e^{-\frac{TR}{T_1}} \quad [18]$$

Plots of  $\alpha_s$  and  $\alpha_c$  are shown in Figure 29. The flip angle for maximum contrast is greater than that for maximum signal. For given values of TR and  $T_1$ , Figure 29 provides values of flip angles to maximize contrast or signal. These are much less than  $90^\circ$  for short TRs (cf. Figure 6). For long values of TR i.e.,  $T_1/TR$  low, high flip angles (e.g.,  $80-90^\circ$ ) result in high  $T_1$  contrast, but for short values of TR (including those normally used with fast 3D sequences)





**Figure 29** Plots of  $\alpha_s$  (flip angle for maximum signal) and  $\alpha_c$  (flip angle for maximum contrast) against  $T_1/TR$  for the SGE sequence. This curve gives values of  $T_1/TR$  to maximise signal and contrast. The flip angle for maximum contrast ( $\alpha_c$ ) is greater or equal to that for maximum signal ( $\alpha_s$ ). The curves reach a maximum on the left with low values of  $T_1/TR$ . At higher values of  $T_1/TR$  the flip angles for maximum signal and maximum contrast converge.



**Figure 30** Vector addition (A) and subtraction (B) for two tissues P and Q. Vector addition of signal and phase for the tissues shows the resultant on the right as for intravoxel signal. Vector subtraction (B) shows the intervoxel contrast between P and Q in (B).

$T_1/TR$  is higher, and flip angles to maximize  $T_1$  contrast are lower e.g., 5–30°.

**The  $T_2$ -filter**

This generally follows that for the SE sequences except the relevant  $T_2$  is  $T_2^*$  (the apparent  $T_2$ ) i.e., the  $T_2$  modified by the effects of  $B_0$  inhomogeneity and tissue susceptibility, as

well as the presence of fat and contrast agents (see later).

**Static field inhomogeneity ( $\Delta B_0$ -filter)**

Hitherto, all filters have shown signal magnitude along the Y axis in Cartesian (X,Y) coordinates but it is also possible to use radial (r, $\theta$ ) coordinates and display both the signal and the phase of the signal in the form of TP-filters. The vector sum of signals from two tissues P and Q in a voxel is shown in *Figure 30A*, and the vector difference, or contrast between two voxels containing tissues P and Q respectively is shown in *Figure 30B*.

In the particular case where there is a Gaussian distribution of  $\Delta B_0$  within the voxel the phase dispersion results in a reduced  $T_2^*$  given by

$$\frac{1}{T_2^*} = \frac{1}{T_2} + \gamma\Delta B_0 \tag{19}$$

Where  $\Delta B_0$  is the field inhomogeneity across the voxel.

**Tissue susceptibility ( $\chi$ -filter)**

This can also be shown in radial form displaying signal magnitudes and the phase difference  $\Delta\theta$  between two tissues in separate voxels given by

$$\Delta\theta = \gamma\chi B_0 TE \tag{20}$$

Where  $\gamma$  is the gyromagnetic ratio,  $\chi$  is the fractional susceptibility difference,  $B_0$  is the magnetic field and TE is the echo time (*Figure 31*). The phase difference can be shown on a phase map. If there is a susceptibility difference between two or more tissues within a voxel then the signal magnitude and phase are obtained from the complex sum of all components. This usually results in reduced signal magnitude.

In addition, the  $\chi$  of tissues containing ordered fibers may vary with their orientation to be zero such that

$$\chi = \chi_0 \sin^2\phi \tag{21}$$

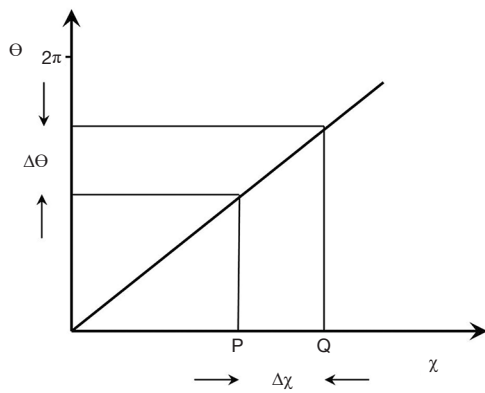
Where  $\phi$  is the orientation of the fibers to the field.

There are also more sophisticated forms of modeling field effects which use a dipolar model of the field in a voxel and so produce more accurate maps of susceptibility.

The magnitude and phase signals can also be multiplied together in a form of Susceptibility Weighted Imaging (SWI) (44), see later section 18.

**The chemical shift filter ( $\delta$ -filter)**

The phase difference between two signals  $\Delta\theta$  due to their



**Figure 31** Phase TP-filter with linear phase ( $\theta$ ) on the Y axis and linear susceptibility on the X axis. The positive difference  $\Delta\chi$  from P and Q corresponds to a positive difference  $\Delta\theta$  for a given value of TE. As TE is increased the slope of the  $\chi$ -filter is increased.

chemical shift difference  $\delta$  is given by:

$$\Delta\theta = \gamma\delta B_0 TE \quad [22]$$

Where  $\gamma$  is the gyromagnetic ratio,  $\delta$  is the chemical shift difference  $B_0$  is the static magnetic field, and TE is the echo time.

The filter is linear i.e.,  $\theta$  increases with  $\delta$  for a given TE. The chemical shift difference  $\delta$  between protons in water and those in the largest  $-CH_2$  peak in triglycerides is about  $-3.3$  ppm (i.e., the fat proton resonant frequency is 3.3 ppm lower than the water proton resonant frequency).

For a voxel containing a mixture of water and fat, the signal from the voxel is the vector sum of the complex signals from both tissues. When the phase difference is  $0^\circ$ ,  $360^\circ$ , etc., signals simply add (i.e., in-phase, TE = 4.4 ms at 1.5T for the water and  $-CH_2$  peaks), but when the difference is  $180^\circ$  the signals are opposed and the vector sum may be reduced or zero (out-of-phase, TE = 2.2 ms at 1.5T).

The fat spectrum contains multiple peaks each with a different  $\delta$  and these peaks show phase differences with a voxel containing fat alone the complex sum decreases with time as a result of phase interference effects.

Quantitation of  $\rho_m$  for fat is usually shown as the proton density fat fraction (PDFF) i.e., the ratio of  $\rho_m$  in fat to  $\rho_m$  for fat and water. This involves reducing or eliminating effects due to the differences in  $T_1$  and  $T_2$  between protons in water and the fat peaks as well as chemical shift effects utilizing multiple data points and prior knowledge of the fat spectrum.

### The $T_2^*$ -filter

The observed  $T_2$  may be reduced by inhomogeneity of the static field ( $\Delta B_0$ ), tissue susceptibility effects (including orientation), chemical shift effects (e.g., signals out of phase), and other effects. These can be represented by relaxation rates where

$$R_2^* = R_2 + R'_{2AB_0} + R'_{2\chi} + R'_{2\delta} \dots \text{ or } \frac{1}{T_2^*} = \frac{1}{T_2} + \frac{1}{T_{2AB_0}} + \frac{1}{T_{2\chi}} + \frac{1}{T_{2\delta}} \dots \quad [23]$$

The rates are additive. They can be shown as a composite  $T_2^*$ -filter, or as separate filters.

In summary, the SGE sequence has a low pass  $T_1$ -filter controlled by two sequence parameters TR and  $\alpha$ . As  $\alpha$  decreases from  $90^\circ$  the filter has less  $T_1$ -weighting than that of the corresponding filter in the SE sequence and flattens out. For a given TR, signal is maximized at the Ernst angle and  $T_1$  contrast is maximized at higher values of  $\alpha$  i.e.,  $\alpha_C$ . The SGE sequence has a  $T_2^*$  filter which includes  $T_2$  effects as well as those from static field inhomogeneity, tissue susceptibility, chemical shift, and contrast agents. The phase TP-filter shows intravoxel summation effects as well as intervoxel phase differences.

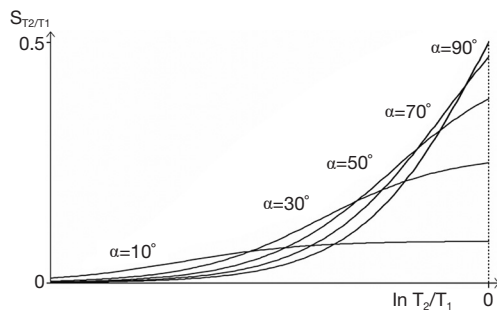
### The bSSFP sequence (TP-filter)

The bSSFP sequence uses a gradient echo data acquisition and balances gradient areas along all three axes over each TR. It produces a signal which is the sum of FID and SE contributions. It is a GE sequence with SE properties. Although it does not have a  $180^\circ$  pulse the off-resonance signals due to chemical shift and susceptibility are rephased at the time of data collection. Transverse magnetization is not spoiled (as it is with the SGE sequence) and contributes to the signal. To analyse the signal the  $T_1$  and  $T_2$  segments are combined as a single TP  $T_2/T_1$ . Tissues and fluids can be divided into four groups on this basis, namely watery hard tissues ( $T_2/T_1 \approx 0.001$ ) (usually very low signal), many watery soft tissues ( $T_2/T_1 \approx 0.01$ ), fat ( $T_2/T_1 \approx 0.1$ ), and fluids ( $T_2/T_1 \approx 1$ ) each approximately differing by an order of magnitude. Contrast between these groups can be high but varies with flip angle. Contrast within a group is usually lower. The sequence can produce high SNR per unit time and is used with magnetization preparations to provide  $T_1$  and other contrast.

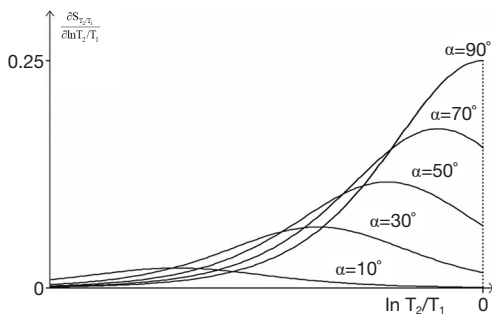
The  $T_2/T_1$ -filter for different flip angles is shown in Figure 32. The simplified filter (for TR  $\ll$  T1 or T2) (39) is:

$$S_{T_2/T_1} = \frac{\sin \alpha}{1 + \cos \alpha + (1 - \cos \alpha) T_1 / T_2} \quad [24]$$

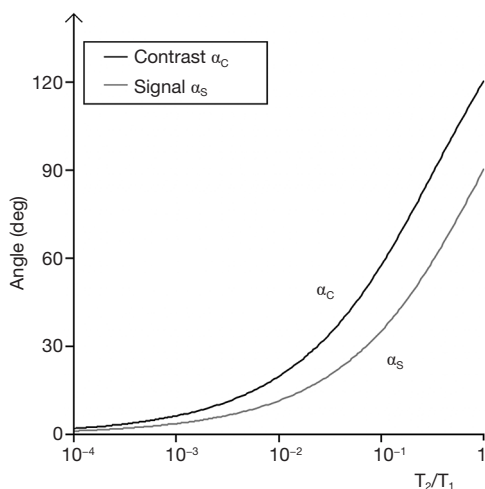
The first derivative which is the sequence weighting is



**Figure 32**  $T_2/T_1$ -filter for the bSSFP Sequence. Plot of  $S_{T_2/T_1}$  against  $\ln T_2/T_1$  for flip angles of  $90^\circ$ ,  $70^\circ$ ,  $50^\circ$ ,  $30^\circ$ , and  $10^\circ$ . As the flip angle decreases from  $90^\circ$  to  $10^\circ$  the curve flattens.



**Figure 33** First derivative of the  $T_2/T_1$ -filter or the sequence weighting for the bSSFP sequence. Plot of  $\frac{dS_{T_2/T_1}}{d \ln T_2/T_1}$  against  $\ln T_2/T_1$ . For each flip angle  $\alpha$  the sequence weighting is maximum at values of  $\ln \frac{T_2}{T_1}$  given by  $\cos \alpha_c = \frac{1 - 3T_2/T_1}{1 + 3T_2/T_1}$ . As the flip angle decreases the value of  $T_2/T_1$  for maximum sequence weighting decreases.



**Figure 34** bSSFP sequence. Plot of flip angle for maximum contrast  $\alpha_c$ , and maximum signal  $\alpha_s$  against  $\frac{T_2}{T_1}$ . The flip angle for maximum contrast is greater than that for maximum signal.

shown in *Figure 33*. The flip angle for maximum signal ( $\alpha_s$ ) is given by:

$$\cos \alpha_s = \frac{1 - \frac{T_2}{T_1}}{1 + \frac{T_2}{T_1}} \tag{25}$$

and that for maximum contrast  $\alpha_c$ , by:

$$\cos \alpha_c = \frac{1 - 3 \frac{T_2}{T_1}}{1 + 3 \frac{T_2}{T_1}} \tag{26}$$

These are illustrated in *Figure 34*. For the common change in disease of soft tissues where  $T_1$  and  $T_2$  are both increased, the ratio  $T_2/T_1$  may show relatively little change, and this may result in very little intrinsic contrast.

In summary, the bSSFP sequence has a high pass  $T_2/T_1$ -filter. Contrast is high between bone and tendons, watery soft tissues, fat, and fluids but contrast within these groups e.g., soft tissues is low. Although  $T_1$  and  $T_2$  are both often increased in disease the ratio  $T_2/T_1$  changes much less and sensitivity to disease is often low. The sequence is optimized for maximum signal. It is used as a localizer, or for data collection with magnetization preparation e.g., with a pulse inversion pulse.

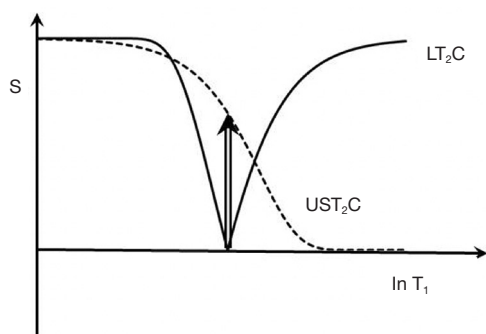
### The UTE sequence (TP-filter)

UTE sequences employ nominal TEs as short as  $8 \mu s$  and are able to usefully detect signals from tissues with  $T_2$ s as short as 0.1 ms. Signal is typically acquired from a free induction decay using radial mapping of k-space and frequency encoding.

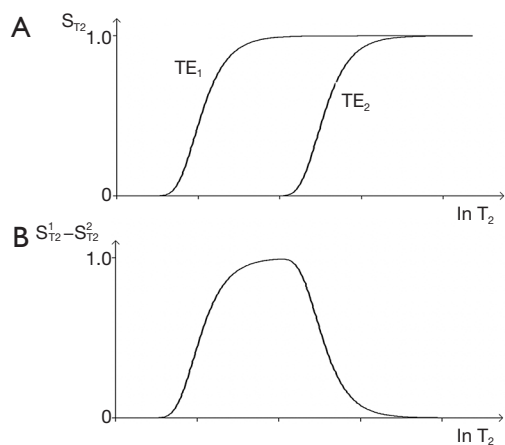
Related sequences employing ultrashort TEs include Zero TE (ZTE), Pointwise Encoding Time Reduction with radial Acquisition (PETRA) and SWEEP Imaging with Fourier Transformation (SWIFT) behave similarly.

When the tissue  $T_2$  is of the order of the duration, or less than the duration of the rf pulses used in the sequence, significant transverse relaxation occurs during the pulse. Long duration initial inversion pulses can be used to selectively invert and null long  $T_2$  components, but leave short and ultrashort  $T_2$  components uninverted. These can be subsequently detected with UTE data acquisitions.

Short and ultrashort  $T_2$  components are frequently in a minority compared with long  $T_2$  components and the signal from the latter may need to be suppressed in order to specifically visualize short  $T_2$  components. This can be done by selectively inverting and nulling the long  $T_2$  components, by ES i.e., subtraction of a longer TE image



**Figure 35**  $T_1$ -filter for the UTE-IR sequence. The long  $T_2$  component ( $LT_2C$ ) is inverted and nulled. The ultrashort  $T_2$  component ( $UST_2C$ ) is not inverted and shows positive signal at the time when the  $LT_2C$  is nulled.



**Figure 36** Echo subtraction. Two  $T_2$ -filters for a shorter  $TE_1$  and a longer  $TE_2$  are shown in (A) and the difference between them in (B) which is a band pass filter. It shows positive sequence weighting for shorter values of  $T_2$  and negative sequence weighting for longer values  $T_2$ .

from a shorter TE one, and other methods.

### The $T_1$ -filter

The long  $T_2$  components experience an inversion pulse and their longitudinal magnetization can be nulled by choosing the correct TI. They follow a long TR (single) IR sequence  $T_1$ -filter pattern. Concurrently the ultrashort  $T_2$  components are not inverted but are partially saturated and follow the  $T_1$ -filter of the SE sequence with TR equal to the TI of the IR-UTE sequence.

At the null time for the long  $T_2$  components the

ultrashort  $T_2$  components have positive magnetization (Figure 35).

### The $T_2^*$ -filter

The  $T_2^*$ -filter begins after the excitation pulse which creates transverse magnetization at  $TE_1$  from short and ultrashort  $T_2$  components as well as long  $T_2$  components.

The ultrashort  $T_2$  signals decay rapidly and are usually zero at the time of a second gradient echo acquisition at  $TE_2$ . ES with the longer TE image subtracted from the shorter TE image leads to a band pass filter selective for ultrashort and short  $T_2$  components (Figure 36). If the long  $T_2$  components have been successfully nulled by the use of an inversion pulse the overall signal at  $TE_2$  is typically zero. The Double Echo Sliding IR-UTE [(DESIRE)-UTE] (45) sequence provides a range of TIs and the correct ones for nulling specific long  $T_2$  components can be selected.

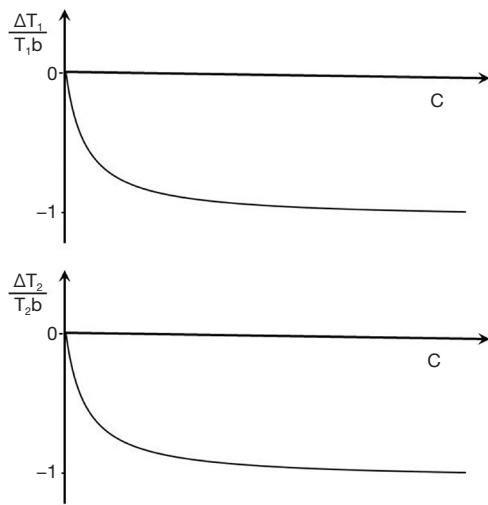
ES with a medium TE can also be used to reverse the contrast of the  $T_2^*$ -filter in the medium  $T_2$  range, and with a long TE to selectively reduce the signal from long  $T_2$  fluids to zero.

### Contrast agents—Gd-DTPA

In previous sections pulse sequences have been used as the starting point and tissue properties associated with them have been discussed, but it is also possible to start with a TP (such as the concentration of Gd-DTPA chelate within tissue,  $c$  and then consider pulse sequences. This is appropriate when the TP is relevant for many different pulse sequences.

Low molecular weight extracellular Gadolinium chelates (e.g., Gd-DTPA) are administered in bolus form for Dynamic Susceptibility Contrast (DSC) or at a slower rate as infusions for angiography and Dynamic Contrast Enhancement (DCE). There are also partially intracellular agents such as Gd-EOB-DTPA with a longer time course, and high molecular weight Gd polymers which are used as blood pool agents and persist in the circulation for longer times. The Gd chelates decrease  $T_1$ ,  $T_2$ , and  $T_2^*$  and change the signal of tissue water components more than that of fat components.

The effect of Gd-DTPA can be considered in two parts: (I) the effect of the contrast agent on the tissue properties  $T_1$ ,  $T_2$  and  $T_2^*$ , and (II) the effect of these changes on image contrast using the relevant pulse sequence weightings. These are principally the  $T_1$ -filter with SE, IR and SGE sequences for conventional clinical contrast enhancement and DCE, and  $T_2^*$ -filters with DSC usually with SGE and EPI sequences.



**Figure 37** Plot of change in  $T_1$ ,  $\Delta T_1$  over baseline  $T_{1b}$  ( $\Delta T_1/T_{1b}$ ) against concentration of Gd-DTPA,  $c$  (A). The curve asymptotically approaches  $-1$  at high values of  $c$ . Plot of changes in  $\Delta T_2$  over baseline  $T_{2b}$  ( $\Delta T_2/T_{2b}$ ) against concentration of Gd-DTPA,  $c$  (B). The curve asymptotically approaches  $-1$  as  $c$  increases.

### The effect of Gd-DTPA on $T_1$ and $T_2$

The effect of Gadolinium-DTPA on  $T_1$  and  $T_2$  is given by

$$\frac{1}{T_{1c}} = \frac{1}{T_{1b}} + r_1 c \quad [27]$$

and

$$\frac{1}{T_{2c}} = \frac{1}{T_{2b}} + r_2 c \quad [28]$$

Where  $r_1$  and  $r_2$  are the  $T_1$  and  $T_2$  relaxivities and  $c$  is the concentration of the contrast agent. The subscript  $b$  indicates baseline. The subscript  $c$  indicates  $T_1$  or  $T_2$  values after contrast administration. The fractional changes in  $T_1$  and  $T_2$  are given by:

$$\frac{\Delta T_1}{T_{1b}} = \frac{-r_1 c T_{1b}}{1 + r_1 c T_{1b}} \quad [29]$$

and

$$\frac{\Delta T_2}{T_{2b}} = \frac{-r_2 c T_{2b}}{1 + r_2 c T_{2b}} \quad [30]$$

These are shown in *Figure 37*.

### Image contrast produced by the reductions in $T_1$ and $T_2$

The contrast produced by the reductions in  $T_1$  and  $T_2$  are given by the fractional reductions in  $T_{1b}$  and  $T_{2b}$  multiplied

by the sequence weighting of the chosen sequence. With  $T_1$ -weighted SE, SGE and intermediate TI IR sequences the  $T_{1b}$  reduction results in an increase in signal and contrast at lower values of  $c$ . Only at high values of  $c$  does the reduction in  $T_{2b}$  result in a negative contrast. A univariate  $T_1$  filter can be used at low values of susceptibility effects are incorporated with  $T_2^*$  and a univariate  $T_2$  filter from SGE or EPI sequences can be used for the signal reduction.

### Flow (TP-filter)

Flow affects are manifest in a variety of different ways. They usually involve blood and CSF as well as fluids in the bladder, joints, bursae, and cysts. Inflow of unsaturated fluid into a slice that has previously been excited and has not fully recovered may be manifest as a relative increase in signal as the fresh fluid displaces partially saturated fluid prior to the next data collection.

Signal may be lost when blood travels too quickly after the  $90^\circ$  excitation and slice selection of a SE sequence to experience the subsequent localized  $180^\circ$  pulse. Motion of a fluid at different velocities in the presence of a magnetic gradient may result in phase dispersion and loss of signal. Even echo rephasing may lead to increase in signal in a second echo.

For reasons of space we only consider phase changes due to flow with the PGSE sequence. This may be used to produce phase changes  $\Delta\theta$  in flowing fluid where

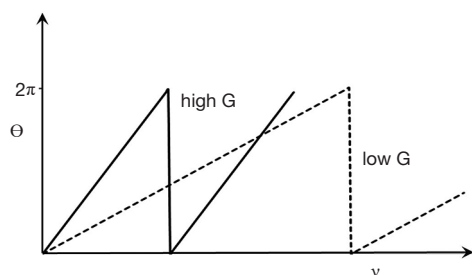
$$\Delta\theta = \gamma\Delta\delta Gv \quad [31]$$

$\gamma$  is the gyromagnetic ratio,  $G$  is the strength of the gradient,  $\delta$  is the duration of the gradient,  $\Delta$  is the time between the gradient pulses (the definition of  $\delta$  and  $\Delta$  are the usual ones in this context but differ from those used earlier and later in this paper) and  $v$  is the velocity of blood. The phase shift is directly proportional to velocity. The filter is a TP-filter with velocity along the linear X axis and phase along the linear Y axis. The slope of the filter changes with  $G$ . The slope is low for low  $G$  values, and increased with higher values. Its maximum value is  $2\pi$  radians, and the cycle is repeated at higher velocities (*Figure 38*).

### Phase TP-filters

The MR signal has a phase  $\theta$  associated with it as well as the magnitude  $S$ . With conventional SE acquisitions the signal is rephased at the central time of detection so phase effects can be ignored. With UTE acquisitions there is little time to develop phase differences, but with SGE sequences there





**Figure 38** Phase TP-filter for the PGSE sequence plotting  $\theta$  against velocity  $v$ . The filter is linear over a  $2\pi$  range. It has an increased slope at high gradient strength  $G$  (high  $G$ ) (solid line) compared to low gradient strength (low  $G$ ) (dashed line).

is time for them to develop and they may be significant.

The effects depend on whether they are:

- (i) intravoxel where the phase and the signal is the vector sum of all the tissue components within the voxel at the time of data acquisitions (*Figure 30A*), or
- (ii) intervoxel where the contrast is the difference in phase and the difference in signal between two voxels or groups of voxels (*Figure 30B*).

The tissue properties of interest are  $\Delta B_0$  the (extrinsic) inhomogeneity of the static field  $B_0$ ,  $\chi$  or (intrinsic) tissue susceptibility,  $\delta$ , velocity when encoded with a PGSE sequence and  $c$ , the concentration of paramagnetic contrast agent which produces susceptibility effects.  $\Delta B_0$  is property of the magnetic field, not of the tissue, but the static magnetic field induces temporary changes in the magnetic field within the tissue so that  $\Delta B_0$  effectively becomes a TP.

Tissue intrinsic susceptibility is a basic TP and includes effects from the presence of iron. It changes in disease [e.g., calcification (diamagnetic), and stages of hemorrhage [paramagnetic]].

The TP-filter equations for  $\Delta B_0$ ,  $\chi$ ,  $\delta$  and  $v$  are respectively  $\Delta\theta = \gamma\Delta B_0$ ,  $\Delta\theta = \gamma\chi B_0$ ,  $\Delta\theta = \gamma\delta B_0$ ,  $\Delta\theta = \gamma\delta\Delta Gv$ . The sequence weightings are  $\gamma$ ,  $\gamma\chi$ ,  $\gamma\delta$  and  $\gamma\delta\Delta G$  respectively. The phase contrast (absolute)  $\Delta\theta =$  sequence weighting  $\times \Delta TP$ . The phase TP-filters follows the same general principles as for signal magnitude as described previously, but are simpler. The changes scale with  $B_0$  except for  $v$ .

The univariate model considers just one TP in a voxel and the phase of the signal follow from the sequence weighting and change in TP. Contrast is the difference in phase between two voxels.

The X axes of the TP-filters are those of the tissue properties and the scale is linear. The Y axes are phase,  $\theta$ .

This has a maximum value of  $2\pi$  and then cycles from zero again. The  $\theta$  scale is linear.

The multivariate model considers two or more tissue properties within the same voxel as well as contrast between two different voxels of this type.

Susceptibility weighted imaging (SWI) in the form described by Haacke *et al.* (44) multiplies the signal from a voxel by the high pass filtered phase of the signal (to eliminate effects from low frequency  $\Delta B_0$  variation).

Quantitative Susceptibility Mapping (QSM) uses  $\Delta B_0$  measurement and magnetic field modelling to produce a map of tissue  $\chi$  alone.

PDFFF imaging use multiple TE data correction for  $\Delta B_0$ , fat spectral effects as well as  $T_1$  and  $T_2$  differences between water and fat to produce maps.

### Magnetization preparation (TP-filters)

Pulse sequences have both preparation and acquisition components. In addition, there is often post-acquisition image processing as well as window width and levelling. Each of these have filters associated with them.

Magnetization preparation affecting the preparation stage of sequences do not include acquisitions, and so are used in conjunction with pulse sequences which do have these. Magnetization preparations may affect signal, contrast and weighting and can be regarded as TP-filters. Examples include fat saturation, selective water excitation, and MT.

There is overlap between pulse sequences and magnetization preparations. An inversion pulse may be regarded (I) as part of a pulse sequence and (II) as a form of magnetization preparation as with the MP-RAGE (Magnetization Preparation with Rapid Acquisition Gradient Echo) sequence. This sequence has contrast similarities to the long TR (single) IR group of sequences.

The effects of magnetization preparation on signal, contrast and weighting can be shown with TP-filters affecting the TP, the sequence weighting, or both.

Fat saturation and selective water excitation are examples of magnetization preparation affecting tissue properties. The TP filters for both are simple i.e., zero signal for fat along the X axis.

MT can be regarded as a form of magnetization preparation which affects the tissue properties  $\rho_m$  and  $T_1$  which become the observed  $\rho_m$ , and the observed  $T_1$  respectively (45,46). These effects can be shown on the X axes of the  $S_{\rho_m}$  and  $S_{T_1}$  filters respectively with many pulse sequences.

Using a classical model the fractional reduction observed

in  $\rho_m$  is the same as the fractional reduction in observed  $T_1$  (47). The two effects produce opposed contrast with SE sequences. The proton density sequence weighting is greater than that for  $T_1$  making it the dominant effect.

MT does not affect fat or fluid so subtraction of an image with MT from one without MT results in both fat and fluid signal reduction or suppression.

In diseased tissue MT effects are often less than in normal tissue so that relative to normal tissue diseased tissue may behave as though it has an increase in  $\rho_m$  and an increase in  $T_1$ . These effects can be synergistic.

The MT ratio is (signal without MT minus signal with MT) over signal without MT. This depends on the changes in both  $\rho_m$  and  $T_1$  and is a fractional change in contrast.

With the IR sequences MT pulses can be placed before the inversion pulse (in the TR period), after the inversion pulse (in the TI period) or in both places. The contrast effects of a reduction in  $\rho_m$  and  $T_1$  are synergistic with STIR sequences and may be used to reduce the observed  $T_1$  of muscle to that of fat so that both tissues are nulled.

MT subtraction (without MT minus with MT) reduces fat and fluid signals to zero and can be applied to IR sequences to obtain synergistic  $\rho_m$ ,  $T_1$  and  $T_2$  contrast.

### Other tissue properties: $T_1, \rho$ , the magic angle effect and temperature

These may also be modelled using TP filters. They include  $T_1, \rho$ , the magic angle effect and tissue temperature.

#### $T_1, \rho$

This is the longitudinal relaxation of magnetization during the application of the  $B_1$  pulse at the resonant frequency. The decay is described by an exponential where

$$S = S_0 e^{-\frac{TSL}{T_1 \rho}} \quad [32]$$

Where TSL is the time the spin lock is applied. This can be modelled in a similar way to the  $T_2$ -filter of an SE equation.

#### Magic angle effect

This describes the fact that the  $T_2$  of highly ordered collagen rich tissues such as tendons, ligaments, and menisci may vary with the orientation of the fibers to be zero ( $\Theta$ ) according to the equation

$$1/T_{2\Theta} = 1/T_{20} + k(3\cos^2\Theta - 1)^2 \quad [33]$$

as a result of residual dipolar coupling.

#### Temperature

The temperature of tissue changes  $T_1$  the resonant frequency and the coefficient  $D^*$  to a first approximation the fractional increase in  $T_1$  is proportional to absolute temperature, resonance frequency, and hence phase accumulated per unit time as well as the fractional change in diffusion.

### Acquisition Filters (k-space filters)

Complex signal magnitude and phase data is acquired in MR imaging and is understood in terms of its location in 2D or 3D k-space. Signal in the central region of k-space is particularly associated with global image contrast and that in the peripheral region with spatial resolution.

If a high pass filter is applied in 2D to k-space so that the central regions are low or zero signal, image contrast is reduced and image edges and boundaries appear enhanced. If a low pass filter is applied, contrast appears increased and the image appears smoothed with less obvious boundaries.

The effects of re-ordering k-space on contrast are global, and are expressed throughout the image. They are incorporated in the signal scaling function, K. The filtering is of signals in k-space which have been affected by tissue properties; it is not direct filtering of tissue properties as with TP-filters.

With the fast SE sequence higher signals acquired at shorter TEs are often mapped to the center of k-space and lower signals acquired at longer TEs are mapped to the periphery of k-space, resulting in a loss of edge definition. The global contrast of the image is determined by the signals mapped to the center of k-space and the TE for these is described  $TE_{eff}$ . The KRISP sequence maps data acquired at, or around the null point to the center of k-space with data signal on either side of this point relatively decreased. This results in an edge enhancement effect on the images (48). This can also be done for  $T_2$  using K-space Weighted Image Contrast (49).

### Image processing filters (S-filters)

Image processing can be performed in many different ways. The Fourier transformation of an image can be used to

filter it in the frequency domain or the signal of an image can be convolved with a filter in the spatial domain using a kernel to calculate the value of each voxel as a function of the signal in voxels adjacent to it. This approach can be used to smooth images to decrease their spatial resolution and increase their contrast. It can also be used for edge enhancement. The X axis of the filter is signal intensity, not a TP so that this is an S-filter not a TP-filter. Its effects are manifest through the image scaling function, K.

### The combination of two or more images (S, TP and spatial filters)

Two or more images can be combined in different ways. This includes subtraction (e.g., post intravenous contrast administration minus pre-contrast administration) and using two or more images with an exponential model relating them to calculate  $T_1$ ,  $T_2$  or  $D^*$ .

Each image may be signal processed, as described previously (S-filter), before combination, and after combination. Subtraction of a post-enhancement image from a pre-enhancement one produces a difference image whose contrast is modulated by c and can be described by a TP-filter.

Other subtractions may be between two MR images that differ in one or more sequence parameters (e.g., SIR). These are also TP-filters even if they are processed after acquisition, not acquired during the preparation stage of the sequence. MTRs are another example.

SWI, as described by Haacke *et al.* (44) where a signal magnitude image is multiplied by a high pass filtered phase image acquired at the same data collection is a TP-filter.

When two images acquired at different times (e.g., pre- and post-contrast enhancement) it is usually necessary to align the images before subtracting one from the other. This can be done with a pure spatial filter that translates and rotates the image using rigid body registration without changing the signal of the images. More complex deformable registration can be used where there is a change in the spatial properties of the second image over time in order to align them. These are spatial filters affecting the location of images in space, not their signals.

Saturation bands are preparation spatial filters with the detected signal level zero.

Images from different modalities e.g., MR and PET may be fused. This is also a spatial filter not a TP-filter.

Both TP and spatial filters can operate in the preparation and the post acquisition image processing stages.

The combination of two or more images may be

described by S-filters, TP-filters and spatial filters of different types. TP-filters describing changes in signal and contrast can be used both in the preparation and post-acquisition stages of sequences or images.

### Window width and level (S-filter)

Changing the window width and level of an image display changes the original image signal S to a new signal display signal,  $S_D$ . The effect is that of linear high pass filter of S with the addition of a magnification factor so that typically  $S_D = mS + c$  over the signal range of the transition band of the filter. This results in an increase in the display contrast by the factor m (*Figure 39*) which is manifest in the image scaling function, K. It is not a TP-filter, but looks similar to the SIR T1-filter shown in *Figure 26*.

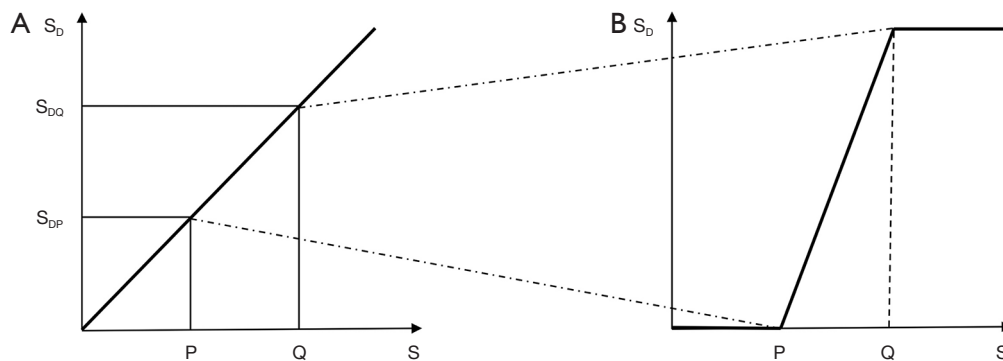
With fractional contrast, low signal level contrast is amplified more than higher signal contrast leading to a relative increase.

The physiological optical response to signal as perceived brightness is logarithmic (the Weber-Fechner law), so fractional contrast may correspond more closely to the human perception of contrast rather than absolute contrast. Given a free option to choose window level and contrast, observers may opt more for the equivalent of fractional contrast when viewing lower signal levels.

In *Figure 39*, the contrast of relatively low signals is increased to correspond to the signal levels on the display. This re-scales absolute contrast towards fractional contrast. This is relevant for low signal sequences such as  $T_2$ -FLAIR, fat saturated FSE in the musculoskeletal system and diffusion weighted sequences. As a result, for the  $T_2$ -FLAIR sequence the optimization for  $T_2$  weighting may not be at  $TE=T_2$  as for  $C_{ab}$ , but may be given by  $TE/T_2$  as for  $C_{fr}$ . With  $C_{fr}$  scaling, increasing TE increases contrast up until the point where the image becomes signal to noise limited. This may help explain the observer preference for very long TEs with the  $T_2$ -FLAIR sequence.

### Signal to noise ratio (SNR) and contrast to noise ratio (CNR)

So far we have mainly considered signal and contrast but these are always accompanied by noise, and both the signal level at which contrast is produced and the background noise are of central importance. The SNR is an important index of machine performance and sets an upper limit on CNR. The SNR is also important in the low signal situation



**Figure 39** Effects of window width and level. (A) is a plot of display signal ( $S_D$ ) against signal ( $S$ ) showing a linear relationship for two tissues P and Q. If the  $S_D$  difference for P and Q ( $S_{DQ} - S_{DP}$ ) is expanded to occupy the whole display range by narrowing the window width as in (B), absolute contrast on the display is increased. The effect is that of a high pass S-filter (thick lines) in (B) with amplification of the signal and contrast in the transition band between P and Q.

where normalization of the signal and weighting ratios become invalid.

CNR is related to the detectability of differences since these are seen against background of noise. It is common to compare absolute contrast to noise on the grounds that the noise and signal are scaled together so that this represents a form of normalization and improves the validity of comparisons.  $C_{fr}$  is scaled relative to tissue signals.

The image noise level reflects voxel size, time of acquisition, bandwidth, coil performance and other factors and is usually regarded as uniformly distributed throughout the image although this may not be true of images obtained with partially parallel techniques.

Phase maps are used for  $\delta$ ,  $\chi$  and  $v$ . These are single property images and values can be read off directly. In that sense they are univariate and 100% weighted for the relevant TP. They are limited by noise and phase to noise ratio, as well as phase contrast to noise ratio.

### TP maps and synthetic images

Tissue maps and synthetic images are univariate and display values of a single TP. They have been used in clinical MRI since 1983. They form the basis for primary diagnosis with PDFF imaging, detection of fibrosis in myocardium by measurement of  $T_1$ , and determination of iron in the heart in thalassemia using  $T_2^*$ . Such maps are supplement to multi TP images in diffusion imaging where  $D^*$  maps may help determine increases and decreases in  $D^*$  when these are confounded by the concurrent  $T_2$ -weighting. Single TP maps have the substantial advantage of unambiguous

interpretation of their weighting and overall simplicity in directly supplying the information of interest i.e., differences in TP and changes in the TP in disease.

The problems include:

- (i) Often the calculation involves a ratio of 0/0 which is undefined in parts of the image and may give very high/very low values reducing confidence in the validity of the rest of the image.
- (ii) The maps may show potentially troublesome partial volume effects from high TP tissues or fluids such as CSF which are not present on the multi tissue property images (e.g., CSF on  $T_2$  maps compared with  $T_2$ -FLAIR images, and  $D^*$  maps of fluids compared with PGSE images).
- (iii) The sequence acquisition for TP values may not be appropriate for high or low TP values e.g., very short or very long  $T_2$  values leading to no calculation, or significant errors.
- (iv) The model for signal analysis e.g., single component may be inappropriate.
- (v) The data acquisition necessary for accurate values may be too time consuming in clinical practice.
- (vi) Artefacts may be manifest in unusual ways on maps compared with source images and may not be recognized.
- (vii) There are wide variations in the published normal values for tissue properties such as  $T_1$  and  $T_2$ .

However, the situation has improved recently with the advent of fingerprinting (50) and other techniques e.g., ShMOLLI (51) which provide more accurate TP values in reasonable scan times. This data is important in its own

right, and is also valuable for calculating weighting in health and disease in individual patients, as well as in wider populations.

### Other types of weighting

We have concentrated on the main types of weighting seen clinically but there are 30–40 different types of weighting described in the English language imaging literature. These (I) often follow directly from the Bloch equations (as for  $\rho_m$ ,  $T_1$  and  $T_2$  above), or (II) are linked to them with a specific relationship (as with contrast agents). There is also a third class with less well defined changes where the sequence weighting or change in tissue properties, or both are not fully characterized for which weighting is described in qualitative terms.

In this paper about ten tissue properties have been considered (of 20 or more), as well as about ten sequences or magnetization preparations (of many more). These choices reflect current clinical usage.

### Summary

The conventional approach to weighting is qualitative and describes a sequence or an image by the TP (e.g.,  $T_1$ ,  $T_2$ ) most responsible for the contrast of interest using terms such as  $T_1$ -weighted and  $T_2$ -weighted. The TP-filters approach treats pulse sequences as filters of tissue properties (e.g.,  $T_1$ ,  $T_2$ ) and shows them in graphical form including the voxel signal  $S$ , the contrast (difference in signal,  $\Delta S$  between two tissues) and the sequence weighting (slope of the filter) for each TP. The approach may be used in univariate form (one TP-filter at a time) or in multivariate form with two or more TP-filters considered together. TP-filters are summarized in *Table 6*.

For the univariate model a filter has:

- (i) Along the X axis:
  - (a) Tissue properties such as  $\rho_m$ ,  $T_1$ ,  $T_2$ ,  $D^*$
  - (b) The X axis can be linear with differences in values  $\Delta TP$ , or
  - (c) Logarithmic with differences in value  $\Delta \ln TP = \Delta TP/TP$ . The X axis can be rescaled to  $\log_{10} x$  using  $\log_{10} x = \log x = \ln x / \ln 10$
- (ii) Along the Y axis:
 

For signal:

  - (a) Signal. This is voxel signal normalized to a maximum value of 1, or 100%.
  - (b) Contrast. This is the difference in signal between

two voxels and can be intrinsic for the same tissue (e.g., normal and abnormal) or extrinsic (two different tissues).

- (c) It can be absolute  $C_{ab} = \Delta S$  the difference in signal with a linear Y axis, or fractional  $C_{fr} = \Delta S/S$  with a logarithmic Y axis.
 

For phase:

  - (d) This is voxel phase normalized to 100% ( $=2\pi$  radians)
  - (e) Contrast is difference in phase between two voxels
  - (f) The scale is linear
- (iii) The filter equation is of the form  $S = \rho_m (1 - TR/T_1) \cdot e^{-TE/T_2}$  (for the SE sequence). The variables are the tissue properties  $\rho_m$ ,  $T_1$  and  $T_2$ . The times TR and TE are fixed.
- (iv) Sequence parameters are used to specify the filter e.g., TR, and TE for the SE sequence; TR, TI, TE for the IR sequence; TR, TE, and b for the PGSE sequence.
- (v) The first partial derivative of the TP-filter with respect to TP, or  $\ln TP$  i.e.,  $\delta STP/\delta TP$  or  $\delta STP/\delta(\ln TP)$  is the slope of the filter, and this is the sequence weighting for that TP. The sequence parameters describing the first partial derivative of the filter are the same as those describing the filter i.e., TR, TE, TI etc.
- (vi) The second partial derivative of the filter can be used to determine points of inflection of the first derivative and so maximize contrast. For example, using  $C_{ab}$  and a  $\ln T_1$  X scale for the SE sequence this occurs at  $TR = T_1$  and  $TE = T_2$  for the  $T_1$  and  $T_2$ -filters of the SE sequence. The values are  $TR=2T_1$  and  $TE=2T_2$  for a linear  $T_1$  and  $T_2$  X scale.
- (vii) Image contrast  $C_{ab}$  or  $C_{fr}$  is the product of sequence weighting (slope of the filter curve) and the change in TP, either  $\Delta TP$  (linear) or  $\Delta \ln TP = \Delta TP/TP$  (logarithmic).
- (viii) The image weighting (i.e., the proportion of the contrast  $C_{ab}$  or  $C_{fr}$  originating from each TP) is  $\pm 100\%$  using the univariate model for each TP-filter (e.g.,  $T_1$  or  $T_2$ ) since all the contrast arises from a single TP.
- (ix)  $C_{ab}$  and  $C_{fr}$  can be used to measure differences in contrast between two tissues, and in conjunction with the sequence weighting can be used to calculate values of  $\Delta TP$  or  $\Delta TP/TP$  i.e., the TP change responsible for the contrast.



- (x) Positive or negative signs are assigned to each of S, Contrast, change in TP, sequence weighting and image weighting as well as the X and Y axes.
- (xi) The univariate model provides a mathematical formalism for converting conventional qualitative weighting (which is univariate) to quantitative weighting.
- (xii) The multivariate model considers two or more TP-filters, such as the three TP- filters of the SE sequence, using the TP-filters for each TP. The sequence parameters controlling the sequence are those for each of the constituent filters.
- (xiii) The multivariate model provides sequence weighting ratios  $sW_{SEQ}^r(\rho_m : T_1 : T_2 : \dots)$  which give the percentage contribution of each TP to the overall sequence weighting.
- (xiv) The model also provides image weighting ratios  $iW_{SEQ}^r(\rho_m : T_1 : T_2 : \dots)$  which give the percentage contribution of each TP to the overall image contrast.
- (xv) The contrast can be used with the  $sW_{SEQ}^r$  to calculate  $\Delta TP$  or  $\Delta TP/TP$ .
- (xvi) There is no equivalent to multivariate weighting using conventional qualitative weighting.
- (xvii) Four groups of filters are described, namely:
  - (a) TP-filters (signal and phase)
  - (b) Acquisition filters (k-space)
  - (c) Signal filters e.g., (S-filters) e.g., post acquisition image processing filters, and window width and level filters. These are signal filters not TP- filters.
  - (d) Spatial filters. These can be used for example to change image position, but not voxel signal.

TP-filters are classified by the quantity along their X axes. They are also usually specified using descriptive terms e.g., linear, exponential, low pass, high pass, band pass, notch. The transition bands between stop and pass bands are usually the regions of most clinical relevance.
- (xviii) TP-filters are applicable in both the preparation stage of sequences and in post acquisition image processing.

## Conclusions

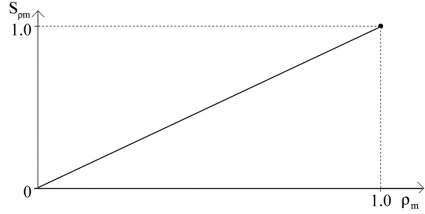
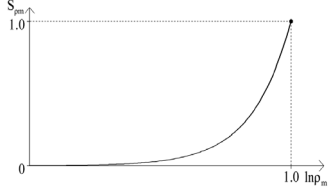
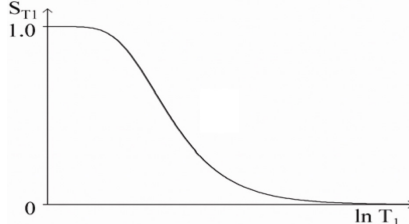
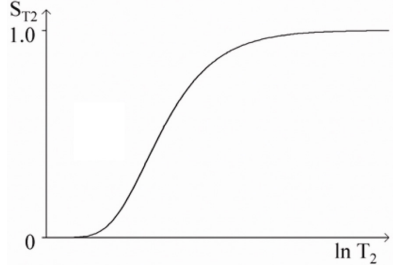
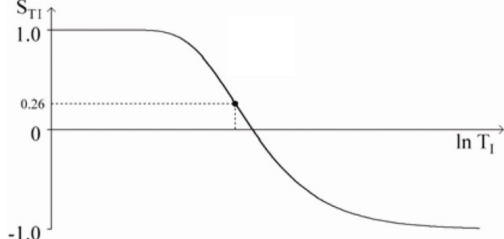
It is possible to define TP-filters (linear exponential, low pass, high pass, notch, double notch, linear, band pass, etc.) which directly relate the signal and contrast of images to tissue properties with different sequences. TP-filters provide a range of functions of the type originally

envisaged by Godfrey Hounsfield over 40 years ago for the  $T_1$  and the IR sequence. Other antecedents include Kurtz and Dwyer (52), Buxton *et al.* (42) and Pelc (34) who used partial derivatives to optimize image contrast, as well as Elster who described an index system to assess comparative parameter weighting (53), and an earlier paper on the mathematics underlying weighting (54). These papers generally addressed mathematical formalism rather than clinical applications or the underlying concepts. The TP-filter approach resolves ambiguities and uncertainties associated with the use of the conventional univariate qualitative approach to imaging. The TP-filter formulation provides a formalism for understanding signal contrast and weighting comparable to that which k-space provides for signal localization and global contrast.

The TP-filter model can be understood and used at five levels:

- (i) Weighting can be regarded essentially as a label and used freely for purposes such as scheduling where image interpretation is not required.
- (ii) It is also possible to use the conventional qualitative weighting terminology, but use it in a way that recognizes and avoids obvious contradictions or ambiguities.
- (iii) The third level is using TP-filters either singly or in combination in graphical form. The patterns of signal, contrast and weighting with different sequences can be understood using with TP-filters without the need for precise TP values. Useful reference points are where  $TR=T_1$ ,  $TI=T_1$ ,  $TE=T_2$ ,  $bD^*=1$  etc.) to place the filters along the X axis. Graphs of the filters are shown in *Table 6*.
- (iv) The fourth level is using TP-filters in mathematical form. Filter equations, first and second partial derivatives, sequence parameter values to maximize contrast and normalized first partial derivatives are shown in *Table 7*. This provides an overview as well as specific information e.g., normalized partial derivatives to calculate sequence and image weighting ratios.
- (v) The fifth level is as a computer Application (App) with normal TP data at the relevant field strength, and pulse sequence data so that filters can be displayed. Changes in tissue properties can be calculated from them and displayed when required. In addition, the inclusion of relevant abnormal TP values may help with recognition and characterization of pathological changes.

**Table 6** TP-filters in graphical form

| Filter type                   | TP       | Sequence     | Sequence parameter/TP X axis scaling | Figures  |
|-------------------------------|----------|--------------|--------------------------------------|--|
| Linear                        | $\rho_m$ | All          | Linear $T_1$ X axis                  |    |
| Positive exponential          | $\rho_m$ | All          | Logarithmic $T_1$ X axis             |    |
| Low pass sigmoid              | $T_1$    | SE, IR, PGSE | TR                                   |    |
| High pass sigmoid             | $T_2$    | SE, IR, PGSE | TE                                   |   |
| Positive and negative sigmoid | $T_1$    | IR           | Tl, ps reconstruction                |  |

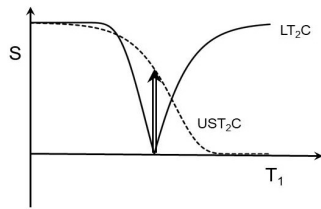
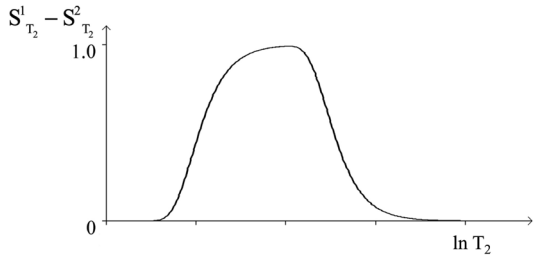
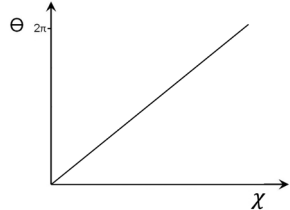
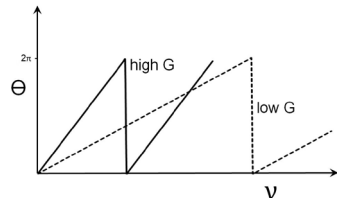
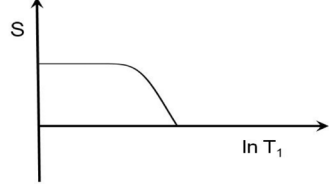
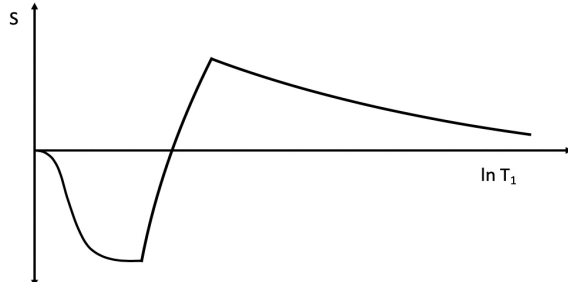
**Table 6** (continued)

Table 6 (continued)

| Filter type                   | TP        | Sequence | Sequence parameter/TP X axis scaling                              | Figures |
|-------------------------------|-----------|----------|---|---------|
| Notch                         | $T_1$     | IR       | $T_1$ , m reconstruction  |         |
| Double notch                  | $T_1$     | DIR      | $T_{1s}$ , $T_{1l}$ ( $mT_{1s} \times mT_{1l}$ ) m reconstruction |         |
| Low pass negative exponential | $D^*$     | PGSE     | b, TE   |         |
| Low pass                      | $T_1$     | SGE      | TR, $\alpha$  |         |
| High pass sigmoid             | $T_2^*$   | GE       | TE  |         |
| High pass                     | $T_2/T_1$ | bSSFP    | TR, $\alpha$  |         |

Table 6 (continued)

Table 6 (continued)

| Filter type                           | TP     | Sequence | Sequence parameter/TP X axis scaling | Figures  |
|---------------------------------------|--------|----------|--------------------------------------|--|
| Notch and low $T_1$ pass sigmoid      |        | IR UTE   | $T_1$                                |    |
| Band pass                             | $T_2$  | SE UTE   | $TE_1, TE_2$ Echo Subtraction        |    |
| Linear                                | $\chi$ | GE       | TE                                   |   |
| Linear                                | $\nu$  | PGSE     | $G, \delta, \Delta$                  |  |
| Low pass                              | $T_1$  | AIR      | $Tl_i (psTl_i + mTl_i)$              |  |
| High pass, high slope transition band | $T_1$  | SIR      | $Tl_s, Tl_i (mTl_s - mTl_i)$         |  |

The type of filter is described in the left hand column. The tissue property is in the next column of the same row and the sequence the filter is usually used with is in the center column of the row. Sequence parameters are described next, followed by a diagram of the filter.

**Table 7** TP-filters in mathematical form

| TP   | $\rho_m$ | $T_1$   | $T_2$   | $T_1$   | $D^*$                  |
|--|----------|---|---|---|------------------------|
| Typical sequence   | SE       | SE  | SE  | psIR  | PGSE                   |
| $S_{TP}$   | $\rho_m$ | $1 - e^{-\frac{TR}{T_1}}$   | $e^{-\frac{TE}{T_2}}$                                       | $1 - 2e^{-\frac{TI}{T_1}}$  | $e^{-bD^*}$            |
| $\frac{\partial S_{TP}}{\partial TP}$  | 1        | $-\frac{TR}{T_1^2} e^{-\frac{TR}{T_1}}$                                 | $\frac{TE}{T_2^2} e^{-\frac{TE}{T_2}}$                      | $-\frac{2TI}{T_1^2} e^{-\frac{TI}{T_1}}$                                  | $-be^{-bD^*}$          |
| $\frac{\partial S_{TP}}{\partial \ln TP}$                                      | $\rho_m$ | $-\frac{TR}{T_1} e^{-\frac{TR}{T_1}}$                                   | $\frac{TE}{T_2} e^{-\frac{TE}{T_2}}$                        | $-\frac{2TI}{T_1} e^{-\frac{TI}{T_1}}$                                    | $-bD^*e^{-bD^*}$       |
| $\frac{\partial^2 S_{TP}}{\partial \ln TP \partial TP}$                        | 1        | $-\frac{TR}{T_1^2} (\frac{TR}{T_1} - 1) e^{-\frac{TR}{T_1}}$            | $\frac{TE}{T_2^2} (\frac{TE}{T_2} - 1) e^{-\frac{TE}{T_2}}$ | $-\frac{2TI}{T_1^2} (\frac{TI}{T_1} - 1) e^{-\frac{TI}{T_1}}$             | $b(bD^* - 1)e^{-bD^*}$ |
| Value of sequence parameter for maximum contrast ( $C_{ab}$ , $\ln TP$ X axis) | -        | $TR = T_1$  | $TE = T_2$  | $TI = T_1$  | $b = \frac{1}{D^*}$    |
| $\frac{\partial S_{TP} / \partial \ln TP}{S_{TP}}$                             | 1        | $-\frac{TR}{T_1} \frac{e^{-\frac{TR}{T_1}}}{(1 - e^{-\frac{TR}{T_1}})}$ | $\frac{TE}{T_2}$  | $-\frac{2TI}{T_1} \frac{e^{-\frac{TI}{T_1}}}{(1 - 2e^{-\frac{TI}{T_1}})}$ | $-bD^*$                |

The first row shows tissue properties. The second row shows typical sequences which the TP-filters are used with. The third row shows the signal from the TP-filter for each of the tissue properties shown at the top of the column. The fourth row shows the first partial derivative of the TP-filter with respect to the tissue property which is the sequence weighting for  $C_{ab}$  using a linear X axis. The fifth row shows the first partial derivative with respect to the natural logarithm of the tissue property which is the sequence weighting for  $C_{ab}$  using a logarithmic X axis. The sixth row shows the second partial derivative with respect to the natural logarithm. The seventh row shows values of the sequence parameter to make the second derivatives in the sixth row equal to zero. This is the value for maximum contrast for  $C_{ab}$  using a logarithmic X axis. Row eight shows the normalized first partial derivatives for each filter using a logarithmic X scale. These are used to calculate sequence and image weighting ratios.

**Acknowledgments**

*Funding:* The authors acknowledge grant support from NIH (1R01 NS092650).

**Footnote**

*Conflicts of Interest:* All authors have completed the ICMJE uniform disclosure form (available at <http://dx.doi.org/10.21037/qims.2020.04.07>). JD serves as an unpaid editorial board member of *Quantitative Imaging in Medicine and Surgery*. The other authors have no conflicts of interest to declare.

*Open Access Statement:* This is an Open Access article distributed in accordance with the Creative Commons Attribution-NonCommercial-NoDerivs 4.0 International License (CC BY-NC-ND 4.0), which permits the non-commercial replication and distribution of the article with the strict proviso that no changes or edits are made and the original work is properly cited (including links to both the formal publication through the relevant DOI and the license).

See: <https://creativecommons.org/licenses/by-nc-nd/4.0/>.

**References**

1. Bates S, Beckmann L, Thomas A, Waltham R. Godfrey Hounsfield: intuitive genius of CT. London, UK: British Institute of Radiology, 2012.
2. Wells PNT. Sir Godfrey Newbold Hounsfield KT CBE 28 August 1919-12 August 2004. Biogr Mem Fell R Soc 2005;51:221-35.
3. Young IR. Hounsfield, Sir Godfrey Newbold (1919-2004), Oxford Dictionary of National Biography. doi 10.1093/ref.odnb/93911 2009.
4. Isherwood I. Sir Godfrey Hounsfield. Radiology 2005;234:975-6.
5. Hounsfield GN. Computed medical imaging. In: J Lindsen. editor. Nobel lectures Physiology or Medicine. Singapore: Singapore World Scientific Publishing Co, 1992:1971-80.
6. Twieg DB. The K-trajectory formulation of the NMR imaging process with applications in analysis and synthesis



- of imaging methods. *Med Phys* 1983;10:610-21.
7. Ljunggren S. A simple graphical representation of Fourier-based imaging methods. *J Mag Res* 1983;54:338-48.
  8. Bryant D, Bailes DR. NMR imaging. *Contemporary Physics* 1984;25:441-75.
  9. Bailes DR, Young IR, Thomas DJ, Straughan K, Bydder GM, Steiner RE. NMR imaging of the brain using spin echo sequences. *Clin Radiol* 1982;33:395-414.
  10. Brady TJ, Rosen BR, Pykett IL, McGuire MH, Mankin HJ, Rosenthal DI. NMR imaging of leg tumors. *Radiology* 1983;149:181-7.
  11. McGinnis BD, Brady TJ, New PF, Buonanno FS, Pykett IL, DeLaPaz RL, Kistler JP, Taveras JM. Nuclear magnetic resonance (NMR) imaging of tumors in the posterior fossa. *J Comput Assist Tomogr* 1983;7:575-84.
  12. Glossary of NMR Terms. *Magn Reson Med* 1984;1:414-33.
  13. Anonymous. Instructions to contributors. *J Comp Assist Tomogr* 1984;8(1): (no page number).
  14. Anonymous. Publication information for authors. *J Magn Reson Imaging* 1991;1:109-11.
  15. American College of Radiology. Glossary of NMR Terms. 2nd ed. Reston, VA: American College of Radiology, 1986.
  16. Axel L. Revised glossary of MR terms. *Radiology* 1987;162:874.
  17. Mitchell DG, Vinitzki S, Rifkin MD, Burk DL Jr. Sampling bandwidth and fat suppression: effects on long TR/TE MR imaging of the abdomen and pelvis at 1.5 T. *AJR Am J Roentgenol* 1989;153:419-25.
  18. Aoki S, Okada Y, Nishimura K, Barkovitch AJ, Kjos B, Brasch RC, Norman D. Normal deposition of brain iron in childhood and adolescence: MR imaging at 1.5 T. *Radiology* 1989;172:381-5.
  19. Davis PC, Hoffman JC Jr, Ball TI, Wyly JB, Braun IR, Fry SM, Drvaric DM. Spinal abnormalities in pediatric patients: MR imaging findings compared with clinical, myelographic, and surgical findings. *Radiology* 1988;166:679-85.
  20. Hesselink JR, Dowd CF, Healy ME, Hajek P, Baker LL, Luerksen TG. MR imaging of brain contusions: a comparative study with CT. *AJR Am J Roentgenol* 1988;150:1133-42.
  21. American College of Radiology. Glossary of MR Terms. 3rd ed. Reston, VA: American College of Radiology, 1991.
  22. American College of Radiology. Glossary of MR Terms. 4th ed. Reston, VA: American College of Radiology, 1995.
  23. American College of Radiology. Glossary of MRI Terms. 5th ed. Reston, VA: American College of Radiology, 2005.
  24. Rinck PA, Muller RN, de Francisco PA. Glossary of MRI Terms. European Magnetic Resonance Forum. Updated June 9 2007. Accessed October 16, 2007. Available online: <http://www.emrf.org>
  25. Wehrli FW. Fast-scan Magnetic Resonance principles and applications. New York, NY: Raven Press, 1991:145-48.
  26. Nishimura DG. Principles of Magnetic Resonance Imaging. Palo Alto: Stanford University, 2010.
  27. Buxton RB. Introduction to functional magnetic resonance imaging, 2nd edition. Cambridge: Cambridge University Press, 2009.
  28. Parker DL, Tsuruda JS, Goodrich KC, Alexander AL, Buswell HR. Contrast-enhanced magnetic resonance angiography of cerebral arteries. A review. *Invest Radiol* 1998;33:560-72.
  29. Bottomley PA, Foster TH, Argersinger RE, Pfeifer LM. A review of normal tissue hydrogen NMR relaxation times and relaxation mechanisms from 1-100 MHz: dependence on tissue type, NMR frequency, temperature, species, excision, and age. *Med Phys* 1984;11:425-48.
  30. Rooney WD, Johnson G, Li X, Cohen ER, Kim SG, Ugurbil K, Springer CS Jr. Magnetic field and tissue dependencies of human brain longitudinal 1H2O relaxation in vivo. *Magn Reson Med* 2007;57:308-18.
  31. Reichert IL, Robson MD, Gatehouse PD, He T, Chappell KE, Holmes J, Girgis S, Bydder GM. Magnetic resonance imaging of cortical bone with ultrashort TE pulse sequences. *Magn Reson Imaging* 2005;23:611-8.
  32. Robson MD, Gatehouse PD, Bydder M, Bydder GM. Magnetic resonance: an introduction to ultrashort TE (UTE) imaging. *J Comput Assist Tomogr* 2003;27:825-46.
  33. Panda A, Obmann VC, Lo WC, Margevicius S, Jiang Y, Schluchter M, Patel IJ, Nakamoto D, Badve C, Griswold MA, Jaeger I, Ponsky LE, Gulani V. MR fingerprinting and ADC mapping for characterization of lesions in the transition zone of the prostate gland. *Radiology* 2019;292:685-94.
  34. Pelc NJ. Optimization of flip angle for T1 dependent contrast in MRI. *Magn Reson Med* 1993;29:695-99.
  35. Hendrick RE. Contrast and image noise. In: Stark DD, Bradley WG. editors. *Magnetic Resonance Imaging*, 3rd ed. St Louis: Mosby, 1999: 43-67.
  36. Bydder GM, Young IR. MR Imaging: clinical use of the inversion recovery sequence. *J Comput Assist Tomogr* 1985;9:659-75.
  37. Redpath TW, Smith FW. Technical note: use of a double inversion recovery pulse sequence to image selectively gray or white brain matter. *Br J Radiol* 1994;67:1258-63.
  38. Elster AD. Gradient echo MR imaging: techniques and

- acronyms. *Radiology* 1993;186:1-8.
39. Scheffler K, Lehnhardt S. Principles and applications of balanced SSFP techniques. *Eur Radiol* 2003;13:2409-18.
  40. Bernstein MA, King KF, Zhou XJ. *Handbook of MRI Pulse Sequences*. Amsterdam: Elsevier, 2004:596.
  41. McRobbie DW, Moore EA, Graves MJ, Prince MR. *MRI from picture to proton*. 2nd edition. Cambridge: Cambridge University Press, 2007:236-57.
  42. Buxton RB, Edelman RR, Rosen BR, Wismer GL, Brady TJ. Contrast in rapid MR imaging: T1- and T2-weighted imaging. *J Comput Assist Tomogr* 1987;11:7-16.
  43. Neelavalli J, Haacke EM. A simplified formula for T(1) contrast optimization for short-TR steady-state incoherent (spoiled) gradient echo sequences. *Magn Reson Imaging* 2007;25:1397-401.
  44. Haacke EM, Xu Y, Cheng YC, Reichenbach JR. Susceptibility weighted imaging (SWI). *Magn Reson Med* 2004;52:612-8.
  45. Ma YJ, Searleman AC, Jang H, Wong J, Chang EY, Corey-Bloom J, Bydder GM, Du J. Whole-brain myelin imaging using 3D Double-Echo Sliding Inversion REcovery Ultrashort Echo Time (DESIRE UTE) MRI. *Radiology* 2020;294:362-74.
  46. Henkelman RM, Stanisz GJ, Graham SJ. Magnetization transfer in MRI: a review. *NMR Biomed* 2001;14:57-64.
  47. Hajnal JV, Baudouin CJ, Oatridge A, Young IR, Bydder GM. Design and implementation of magnetization transfer pulse sequences for clinical use. *J Comput Assist Tomogr* 1992;16:7-18.
  48. Oatridge A, Curati WL, Herlihy AH, Hajnal JV, Virji N, Puri BK, Bydder GM. Evaluation of a FLAIR sequence designed to reduce CSF and blood flow artifacts by use of k-space reordered by inversion time at each slice position (KRISP) in high grade gliomas of the brain. *J Comput Assist Tomogr* 2001;25:251-6.
  49. Song HK, Dougherty L. Dynamic MRI with projection reconstruction and KWIC processing for simultaneous high spatial and temporal resolution. *Magn Reson Med* 2004;52:815-24.
  50. Ma D, Gulani V, Seiberlich N, Liu K, Sunshine JL, Duerk JL, Griswold MA. Magnetic resonance fingerprinting. *Nature* 2013;495:187-92.
  51. Piechnik SK, Ferreira VM, Dall'Armellina E, Cochlin LE, Greiser A, Neubauer S, Robson MD. Shortened Modified Look-Locker Inversion recovery (ShMOLLI) for clinical myocardial T1-mapping at 1.5 and 3 T within a 9 heartbeat breathhold. *J Cardiovasc Magn Reson* 2010;12:69.
  52. Kurtz D, Dwyer A. Isosignal contours and signal gradients as an aid to choosing MR imaging techniques. *J Comput Assist Tomogr* 1984;8:819-28.
  53. Elster AD. An index system for comparative parameter weighting in MR imaging. *J Comput Assist Tomogr* 1988;12:130-34.
  54. Yokoo T, Bae WC, Hamilton G, Karimi A, Borgstede JP, Bowen BC, Sirlin CB, Chung CB, Crues JV, Bradley WG, Bydder GM. A quantitative approach to sequence and image weighting. *J Comput Assist Tomogr* 2010;34:317-31.

**Cite this article as:** Young IR, Szeverenyi NM, Du J, Bydder GM. Pulse sequences as tissue property filters (TP-filters): a way of understanding the signal, contrast and weighting of magnetic resonance images. *Quant Imaging Med Surg* 2020;10(5):1080-1120. doi: 10.21037/qims.2020.04.07